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Institut de Microtechnique**

**Fluorescence Based
Integrated Optical Biosensors**

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Pour obtenir le grade docteur ès sciences**

par

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Fluorescence based integrated optical biosensors

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F. Zwahlen

FLUORESCENCE BASED INTEGRATED OPTICAL BIOSENSORS

PREFACE

This work was carried out in order to find new biochemical sensing schemes at reduced size as well as low cost, while improving sensitivity and selectivity. Many problems in our surrounding, the food chain and the medical care ask for appropriate sensing solutions. This work also aims to get a PhD degree in physics.

The work performed asked for a wide interdisciplinary point of view and therefore offered the opportunity to have insight into a broad variety of interesting topics within the different disciplines to be dealt with.

I estimated many people's support of different sections at the Centre Suisse d'Electronique et de Microtechnique SA (CSEM), the Institut de Microtechnique, Neuchâtel (IMT) and the Swiss Federal Institute of Technology, Zürich (Eidgenössische Technische Hochschule, ETH).

I did an interesting research work in an instructive surrounding and I had the opportunity to meet many really genius people.

All in all I can look back to an interesting yet not always carefree time. I would like to dedicate this book to all the persons who supported me during that time.

Thank you

FLUORESCENCE BASED INTEGRATED OPTICAL BIOSENSORS

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ABSTRACT

Integrated optical sensing chips have successfully been used for the detection of different biochemical molecules. Refractometric sensing is used for the detection of large molecules as the mass that is adsorbed onto a wave guiding material is measured. Fluorescence sensors are used for visualizing distributions of labeled molecules or to measure a concentration of molecules quantitatively by measuring the intensity of the light emitted. This method is useful especially for small molecules as drugs, antibiotics, DNA probes or ions. This work deals with new chips and new sensing schemes that have been developed and tested in order to get higher density of different recognition regions as well as higher sensitivity and lower costs. First chips have been designed and fabricated mostly in-house. The sensing principle has been demonstrated by performing standard experiments on a large laboratory set-up providing all the flexibility needed to make use of different chips as well as to evaluate different sensing schemes. Further some experiments have been performed directly detecting single stranded DNA probes, and different antibiotics in competitive assays. The results show well the effectiveness of the sensing principle described in this work even providing dynamic measurements. Dynamic means to be able to measure the whole adsorption process online in a flow cell, as the excitation of the fluorescence and the readout optics takes place on the backside of the sensor chip, opposite to the biochemistry. Notwithstanding the attainable detection limits have not been reached and exact calibration for quantification of the measured substances has not been performed, the work performed shows clearly that this way of detection may lead to a new generation of high density sensing modules at low prices providing high sensitivity and high selectivity. Ongoing work now concentrates on combining different integrated optical sensing principles in order to enhance sensitivity and selectivity again.

FRENCH ABSTRACT

Les puces de détection basées sur l'optique intégrée ont été utilisées avec succès pour mesurer différentes molécules biochimiques. La méthode consistant à mesurer l'indice de réfraction a été utilisée pour détecter de grandes molécules, car la quantité adsorbée sur la surface d'un guide d'onde est facilement déduite à partir de l'indice de réfraction. Les capteurs de fluorescence sont utilisés pour voir la distribution des molécules qui sont reconnaissables avec un colorant fluorescent. Il faut mesurer l'intensité de la lumière émise pour faire des mesures de concentrations de telles molécules. Cette méthode est prédestinée aux petites molécules, par exemple les drogues, les antibiotiques, les particules d'ADN ou simplement pour des éléments purs. Les travaux décrits ici sont basés sur des nouveaux chips et des méthodes de détection récentes qui ont été développés et testés dans le but de développer des nouveaux appareils bon marché, spécifiques et très sensibles. Les premières puces ont été dessinées et fabriquées presque entièrement par CSEM Zürich. Le principe de détection a été démontré à l'exemple des expériences standards avec un grand montage au laboratoire, ce qui laisse la flexibilité d'utiliser plusieurs puces différentes pour diverses méthodes de détection. La détection de nucléotides ADN a en plus été démontrée. De même, la détection d'antibiotiques a été faite en utilisant un essai compétitif. Les résultats prouvent l'efficacité de la méthode désignée. Des mesures dynamiques peuvent aussi être effectuées. Cela veut dire que la technique utilisée permet d'observer tout le processus d'absorption des molécules lorsqu'il se passe à la surface. Cela est possible grâce au fait que tout procédé biochimique a lieu dans une cellule fluide d'un côté de la puce pendant que l'illumination et l'optique d'observation sont effectuées de l'autre. Et, même si les limites de détection théoriques n'ont pas été atteintes et si aucune calibration nécessaire pour les résultats n'a été faite, les travaux effectués sont un signe clair que ce genre de détection peut conduire à de nouveaux capteurs à prix réduits, offrant une grande sélectivité et une haute sensibilité. D'autres chercheurs essaient maintenant de combiner différentes techniques de détection avec optique intégrée pour améliorer encore plus les détecteurs.

GERMAN ABSTRACT

Integriert optische Sensorchips sind bereits erfolgreich für die Detektion von biochemischen Substanzen unterschiedlichster Art verwendet worden. Messmethoden, welche die Veränderung der effektiven Brechzahl eines Lichtleiters als Mass für die Massenbedeckung der Chipoberfläche zugrunde liegt sind vor allem zum Nachweis grosser Moleküle geeignet. Fluoreszenz Sensoren werden vor allem angewendet, wenn die Verteilung von Molekülen auf einer Oberfläche visualisiert werden soll. Allerdings können mit dieser Methode auch quantitative echte Konzentrationen gemessen werden, indem die Intensität der emittierten Fluoreszenz gemessen wird. Diese Methode ist besonders für kleine Moleküle wie Drogen, Antibiotika, DNA Proben oder reine Elemente geeignet. Die vorliegende Arbeit behandelt neue Chips und neue Messmethoden, die entwickelt und getestet wurden, um Messgeräte mit höherer Messkanal Dichte sowie bessere Empfindlichkeit zu niedrigeren Preisen zu ermöglichen. Erste Sensor Chips wurden fast gänzlich im Hause entworfen und hergestellt. Das Messprinzip wurde zuerst mit standard Experimenten demonstriert, die auf einem grossen Labor Aufbau mit der nötigen Flexibilität, verschiedene Chips und unterschiedliche Messmethoden zu verwenden, durchgeführt wurden. Weitergehend wurden Messreihen durchgeführt, die einzelne DNA Abschnitte nachwies. Zum Nachweis unterschiedlicher Antibiotika wurden konkurrierende Reaktionen ausgelöst. Die erzielten Resultate zeigen die Effektivität der Messmethode, die dieser Arbeit als Hauptgrundlage dient, und die auch für dynamische Messvorgänge geeignet ist. Mit dynamisch wird hier die Möglichkeit angesprochen, einen ganzen Adsorptionsprozess messend mitverfolgen zu können, da der Chip in einer Flusszelle montiert ist, und die Beleuchtung ebenso wie die Detektion der Fluoreszenz von der Rückseite, wo keine biochemischen Reaktionen stattfinden, bewerkstelligt wird. Auch wenn die mit dieser Methode erreichbare Detektionsuntergrenze nicht erreicht wurde und auch eine genaue Kalibration für quantitativ exakte Messungen sich als äusserst komplex erwies, konnte mit den durchgeführten Messungen dennoch gezeigt werden, dass diese Methode zu einer neuen Generation von kleinen und kostengünstigen Mehrstoff-Messgeräten mit hoher Empfindlichkeit und Selektivität führen kann. Weiterführende Arbeiten konzentrieren sich zur weiteren Effizienzsteigerung auf Sensoren, die verschiedene integriert optische Messprinzipien kombinieren.

1 Introduction

1.1. Motivation

Many problems in our environment, the wastewater treatment, the food chain and the medical care lead to a large demand in sensors.

The quality of drinking water springs is tremendously decreasing due to contamination by pesticides and wastewater. More than a 10'000 chemical and biochemical substances considered as threatening human health are known. Many more may occur in the future or are not known. Substances that are harmful to living organisms are often very low concentrated, but they still have a huge impact on processes in an organism.

A different area of interest is the tremendous information retrieved by the genomic sequencing. A significant contribution to the technological advancement was achieved by the development of the polymerase chain reaction (PCR) [1]. Detecting DNA probes [2,3] leads to a different way of understanding known and newly appearing diseases. A main goal is to apply this understanding into faster and more accurate techniques of diagnostics and treatment. Biochemical substances wearing genetic data or different important information about diseases also often appear only in low concentrations.

These facts explain the need for accurate sensing methods in food processing and drinking water control as well as in disease diagnostics and drug development. Therefore the demand for highly sensitive sensors has strongly arisen during the last few decades and it is still raising. The goal of an accurate sensor is to detect molecules very specifically at extremely low detection limits. Specifically means that the substance of interest has to be measured exactly even in the presence of many different known or also unknown molecules. An additional challenge in developing new sensors is to make them sensitive for measuring small quantities of low concentrated substances. Further, the sensors need to get results both quickly and accurately as well as they should be cheap. New sensors have to fulfill some or all of the above requirements.

1.2. Sensors in General

Many different approaches that will not be discussed in detail here exist to detect substances in fluids or gases. There are methods as a mechanical or electrostatic filtering, different types of chromatography, mass spectroscopy, optical spectroscopy, time-of-flight or viscosity measuring, electronic and electrochemical sensors [4,5] that measure the potential, resistance or current change occurring in the presence or after a specific chemical reaction of the analyte.

1.3. Optical Sensors in General

A broad variety of optical sensors exist. They range from movement sensors to highly sensitive chemical sensors [6,7,8,9]. In order to get a (bio-) chemical sensor providing high sensitivity and selectivity it is necessary to combine a highly sensitive and selective chemical recognition layer onto an optical surface [10,11,12]. The surface behavior of an optical sensor is a very important and critical topic [13,14], as it is the place of the capturing of the substance to measure. Both, selectivity and sensitivity depend strongly on that interface, and also the optical signal information needs to be transmitted along or through that surface. The properties and the behavior of the molecules of interest lead to the sensing type and the design of the whole optical sensing scheme.

1.4. Optical Fluorescence Sensors

In optical fluorescence sensors the labeled molecules are excited by illumination with light of the exciting wavelength [15,16]. The fluorescent emission by the labels is then collected optically for detection. In conventional optical fluorescence sensors the labeled analyte molecules are illuminated directly by a beam of light. The fluorescence that is diffusely radiated into any direction around the sensor needs to be collected spatially [14]. Different optical fluorescence sensors are based on measuring the lifetime of the fluorescence [17,18,19,20,21].

Many different approaches are being tested or theoretically evaluated [22,23,24].

1.5. Integrated Optics

Integrated optics (IO) means that light is guided through waveguides of more or less complicated structures. In any kind of IO sensors different advantageous properties can be taken profit of [25,26,27]. In example miniaturized interferometers can be built [28,29,30]. But also the properties of the light guiding is influenced by the surface of a waveguide in which the light is guided quite weakly. This means that the evanescent field of the guided wave propagates on either side of the waveguide in the substrate and the cover respectively and therefore interacts with molecules that are very close to that surface (in a sub-wavelength distance) within the range of the evanescent wave. These interactions change the guiding properties (effective refractive index, N) and thus sensors can be developed that are based on integrated optics [31,32,33,34,35].

1.6. Thesis Overview

In this thesis a new sensing approach based on integrated optics for fluorescence sensing is presented. This new approach is based on a single-pad sensing scheme. Single pad means that all the functions needed for sensing are implemented on one single pad on a sensor chip. In chapter 2 the fundamentals about integrated optical sensing are described. The new single-pad sensing scheme based on cross polarization is described and general information about fluorescence, absorption and electrochemiluminescence is given. Chapter 3 describes the material used and the methods applied within the work this thesis is based on. In chapter 4 some model experiments performing immunoassays to show the feasibility of the new approach are described and discussed. Chapter 5 describes experiments for the detection of antibiotics using the presented set-up. Measurements of DNA oligonucleotides with the presented set-up are shown in chapters 6 and 7. Chapter 6 shows the detection of the oligonucleotide tailing reaction on the sensor chip surface, while the sensing of single stranded oligonucleotides and their dehybridization on the chip is described in chapter 7. Chapter 8 presents some first experiments that have been performed combining integrated optics with electrochemiluminescence. The preliminary deposition of electrodes on a chip and their design are also explained in chapter 8. In the conclusions of this work a comparison of the presented new approach with different state of the art sensor types is made, and the present work is positioned within the field of comparable sensors research.

2 Fundamentals of Integrated Optical Sensing

2.1 Integrated Optical Sensors

Integrated optical sensors exploit the behavior of light to couple efficiently into a material of higher refractive index if the emission is very close (\leq wavelength) to the surface [36,37]. Also the fact that molecules adsorbed within this range influence the evanescent field of a guided wave is used for sensors [25]. In refractometry this last fact is used as any mass adsorbed to the surface of a waveguide changes the effective refractive index and thus the coupling angle of the propagated light via a specific grating coupler on the waveguide. This sensing method is very suitable for the detection of large molecules, as it is a measure of the surface mass density. Each molecule bound to the recognition layer on the sensor chip clearly contributes to the total mass adsorbed to the waveguide surface. Even very small changes of the effective refractive index (N) result in a different k -vector of the guided mode and thus in a different coupling angle at a grating coupler of a specific grating constant. Even more accurate measurements can be performed eliminating the need of scanning angles if slightly chirped gratings are used. Observing at a constant angle leads to a shift of the coupled signal (Integrated optical light pointer, IOLP, [38]) in the y -axis where it is coupled through the appropriate grating constant. So the total amount of adsorbed molecules can directly be measured by the use of a converting look-up table. There is no need to label them with fluorescent dyes or different recognition markers when measuring using the method of refractometry. Replicated integrated optical (IO) sensors based on planar waveguides have successfully been used for refractometric immunoassay measurements [39 - 46].

2.2 Fluorescence

Other methods are necessary however for the detection of processes leading only to small changes in the surface mass density. For example if low concentrations of small molecules like drugs have to be measured. In this case, assays making use of molecules that are labeled with a fluorescent dye are well adapted [14,47]. Various types of integrated optical sensor schemes based on fluorescence, fiber optical [22,48] as well as planar optical sensor types have been presented earlier [49 - 63]. For future applications, it is important to reduce the cost of the sensor chips and of the whole system as well as to increase the density of the sensing pads on a single chip for multi-component analysis and/or for achieving an enhanced specificity or accuracy (for example for diagnostic tests). The conventional sensing schemes of integrated optical fluorescence sensors based on planar waveguides use separate regions on the chip for light input/output and sensing.

In integrated optical fluorescence sensors the evanescent field of the illuminating light propagating in the waveguide excites the adsorbed labeled molecules. The emitted fluorescence light is then coupled efficiently into the same waveguide and coupled out via a grating pad at a

different angle than the excitation light. This method is very convenient for detecting small molecules such as drugs, heavy metals or ions. As the molecules to be detected have to be labeled with fluorescent dyes it often is necessary to perform competitive assays. That means that the quantity of analyte molecules is measured indirectly. Fluorescence can be used to visualize distributions of molecules or to simply show their presence. Quantitative detection by fluorescence light intensity measurements asks

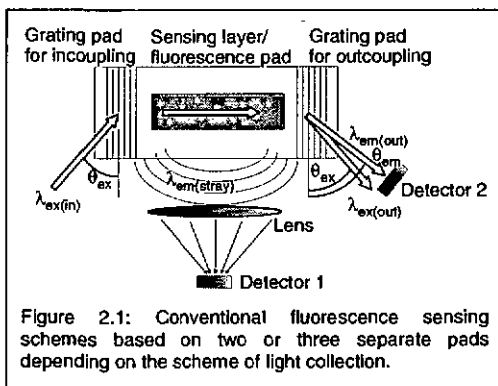


Figure 2.1: Conventional fluorescence sensing schemes based on two or three separate pads depending on the scheme of light collection.

for extremely accurate calibrations.

The conventional schemes that are commonly used for fluorescence sensors consist of at least two different pads. Figure 2.1 shows how the excitation light is coupled into the waveguide by a grating pad. Then, the light is propagated in the planar waveguide for illuminating the

molecules bound to the sensing layer on the chip surface by its evanescent wave. The emitted fluorescence light is then either directed to detector 1 by a lens or collected by the waveguide and coupled out to detector 2 by a second grating. As the wavelengths of excitation λ_{ex} and emission λ_{em} differ, the corresponding outcoupling angles are different.

The difference of the two outcoupling angles however is small and makes it in this conventional arrangement very difficult to separate the signal from the excitation light geometrically. This means that the exciting light has to be weak enough in order to fade by exciting the fluorescent dyes, or an optical bandpass filter has to be used for reading out the fluorescence light coupled out via the second grating. If multiple sensing areas are used in a series also losses of excitation light by propagation as well as from having excited fluorescence may occur. Therefore, one big advantage of the scheme presented here is that each detection point is practically independent from the others, which is not the case in other approaches [64].

2.3 Cross Polarization

In this work, a new approach is demonstrated. The emphasis is on two aspects, namely (1) to lower the chip costs by making use of replication techniques, and (2) to reduce the real estate needed on the chip surface by introducing a single-pad sensing scheme [65]. This means that a single-pad grating coupler provides the whole functionality of a sensing unit. The new compact single pad integrated optical fluorescence sensing method is dedicated for quantitative detection if all the used parts are

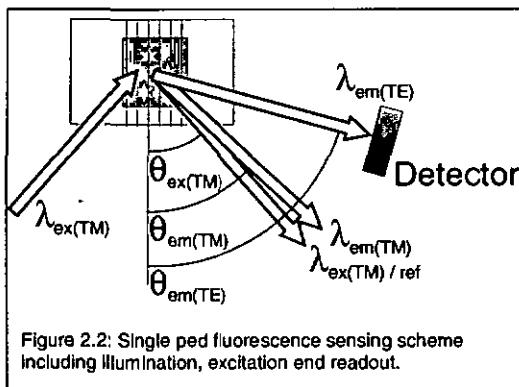


Figure 2.2: Single pad fluorescence sensing scheme including illumination, excitation end readout.

identically produced and set up. The principle is based on a planar dielectric waveguide containing multiple sensing units, each consisting of a single-pad grating coupler structure as shown in figure 2.2.

In this single-pad scheme all the following functions are incorporated in one single pad: input

of the laser light, excitation of the labeled analyte molecules, efficient collection of the emitted fluorescent light in the wave-guide, background suppression, and coupling of the guided wave out to the detector. The advantage is to save space within the sensing set up and to prevent the fluorescence from propagating through the waveguide thus losing intensity. The results demonstrate a high efficiency of the fluorescence light excitation and collection as well as a good suppression of the volume background. Figure 2.3 shows a schematic representation of the measuring principle whereas figure 2.4 schematically shows the measuring set-up. The sensor chip forms the transparent window of a fluidic cell. In the center, a grating coupler strip is located and multiple spots for multiple measurements on this strip are illuminated by means of a laser diode using time-multiplexing. Two single-pad channels are explicitly shown, namely a sensing (S) and a reference (R) pad. The fluorescence light emitted by labeled molecules adsorbed on the chip surface is coupled out to a single detector (photomultiplier tube) for all the spots. For a better background suppression, the fluorescence light is observed via the TE_0 waveguide mode, while the excitation is performed

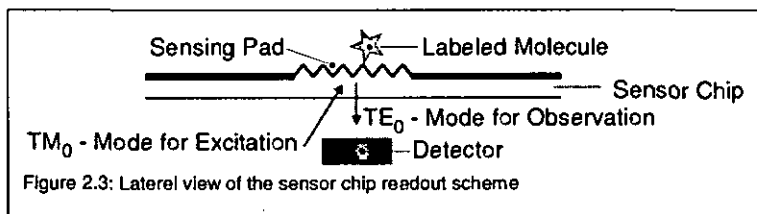


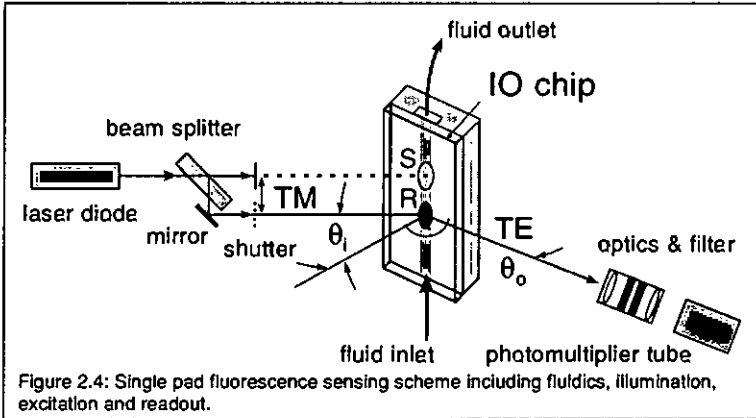
Figure 2.3: Lateral view of the sensor chip readout scheme

via the TM_0 mode.

The molecules that have been adsorbed to the sensing layer, being a part of the same pad the grating is located at, are therefore illuminated by the evanescent field of the planar wave as well as by the laser beam directly.

Their fluorescent light is being collected by the waveguide, exciting both a TM- and a TE-polarized mode.

These modes are immediately coupled out again by the same grating. And so is the TM-polarized mode of the exciting laser that is coupled out at the very same angle as the laser beam is reflected to. This high intensity of light together with the small difference between the outcoupling angles makes separation of exciting light and fluorescence signal at the same polarization nearly impossible.



Making use of efficient transfer of radiation directly from the near field of the dye molecules via evanescent waves to the TE_0 waveguide mode, and observing the corresponding output beam can markedly improve this situation. This approach is based on the fact that fluorescent molecules can radiate very effectively into an optically denser medium if they are located very close (\ll one wavelength) to the low/high index interface [36]. In our case, we do not only make use of this enhancement for the illumination of the dye molecules (via the TM mode), but also, at the same time, for the detection of the emitted radiation (via the TE mode). Furthermore, the TE-polarized mode of the fluorescence signal is coupled out at a very different angle of $\theta_{em}(TE) = 64^\circ$ whereas just a negligibly small part of the TM-polarized exciting light turns into a TE-polarized mode in the waveguide coupling out at $\theta_{ex}(TE) = 66^\circ$. In addition to the better angular (and polarization) separation, a better discrimination of the radiation emitted by the molecules immediately adsorbed to the recognition layer versus the dye molecules present in the bulk medium, results from this approach.

In order to suppress the additional background originating from the plastic substrate's fluorescence and the scattered light from the replicated gratings, and therefore to further improve the signal-to-noise ratio, an additional optical band pass filter is used. This markedly reduces this

background when the coupled-out fluorescence signal is directed to the detector by imaging optics.

2.4 Absorption

Instead of exciting fluorescence the remaining intensity of the illuminating laser light can be measured if an absorbing layer is coated onto the chip [66,67,68,69]. Measurements based on this method have not been performed within this work after first tests did not show satisfying results.

2.5 Electrochemiluminescence

A modification of integrated optical sensing is measuring electrochemiluminescence via a dielectric waveguide. A current applied to microelectrodes in the fluid stimulates the accordingly labeled molecules and excites electrochemiluminescence [70,71]. If this luminescence is emitted close enough to the dielectric surface it is coupled into the waveguide and guided to the grating coupler, from where the signal can be directed to the detection module the same way as the fluorescence signal. Some tests using this scheme have been performed.

3 Materials and Methods

3.1 Chips

The sensor chips have been fabricated in the following way.

- Chip Design

First, the grating period (Λ) required providing suitable coupling angles was calculated. For the design of a chip two main parameters have to be taken into account carefully in order to get efficient sensors. These are the properties of the waveguide and the grating coupler (optical) on one hand as well as the layout of the sensing channels (geometrical) on the other. The waveguide material and its thickness are the main parameters defining the range of the effective refractive index of the sensor. In relation to the preferably used laser wavelength the constant Λ of the grating coupler shall be chosen to lead to useful coupling angles for illumination as well as for read out.

The wave guiding film materials used given by technical processes were Titanium dioxide and Tantalum pentoxide (only glass chips).

- Grating Constant

The grating period (Λ) must be calculated to get angles for illumination and detection that are practical by means of the mechanical measuring set-up considering the wavelengths that will be used. Further a good separation between the excitation wavelength and the emitted signal is requested. The grating constant that was chosen for the standard chips was 600nm (The periodicity (Λ) of the produced chips was 595nm), as the calculated coupling angles for this grating in a TiO_2 waveguide of 160nm thickness at 658.1nm (wavelength of used laboratory set up laser diode) were calculated to be

TM +51.8°

TE +69.8°

Fluorescence (maximum at $\lambda = 670\text{nm}$, mean around 690nm):

TM +45.7°

TE +67.8°

The calculation was performed respecting the coupling condition (3.1.1): A plane wave u_i at the wavelength λ illuminates the grating at an angle of incidence θ_i measured in the ambient medium A with refractive index $n_a=1$ (air). If the grating coupler resonance condition is fulfilled, a guided mode u_m is excited with maximum coupling efficiency.

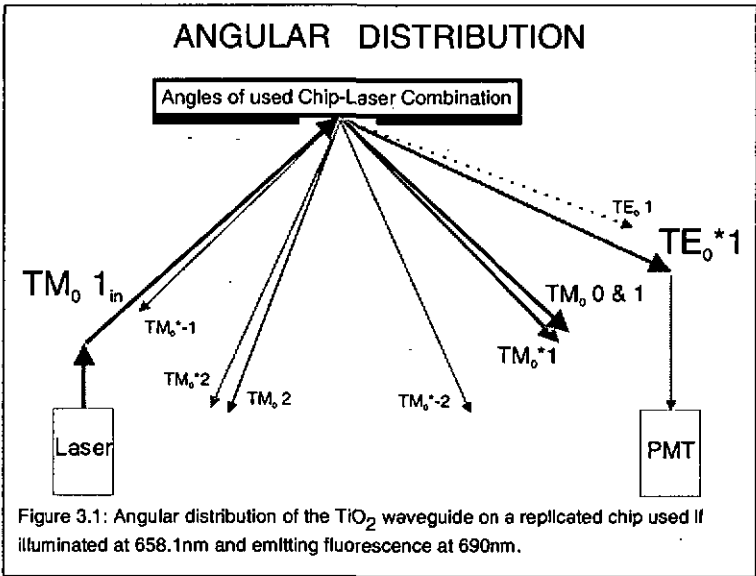
$$N = n_a \sin \theta_1 + m_g \lambda / \Lambda \quad (3.1.1)$$

where Λ denotes the periodicity of the grating (grating constant) and m_g the grating diffraction order.

The effective refractive index N is defined by (3.1.2):

$$N = k_z / k \equiv \beta / k \quad (3.1.2)$$

where $k=2\pi/\lambda=\omega/c$. Here, c denotes the speed of light in air and ω stands for the corresponding angular frequency. The direction z is defined as the propagation direction of the mode within the waveguide. The meaning of N is very fundamental in integrated optics; it depends on the wavelength λ , the polarization of the light and on the waveguide parameters (thickness of the wave guiding film, thickness of a (biochemical) recognition layer (L) on



the waveguide surface, n_C , n_F , n_S , n_L , which themselves depend on the wavelength λ). N can not be expressed by an analytical formula. Rigorous numerical calculations of finite gratings are a very complicated and yet to be solved topic. [72]

Figure 3.1 shows the angular distribution given by the used polycarbonate chips with TiO₂ waveguide.

- Fabrication of replicated Chips

The processing of the chip production starts fabricating a silica master into which a grating pattern is transferred photolithographically. Pieces of a quartz plate (Corning) of 1mm thickness were used. After a careful

cleaning procedure the SiO₂ sample was spin coated by anti reflection coating (ARC XL-20, Brewer Science Inc.) in order to prevent internal reflections of the holographic signal to be applied later. The spin coating of ARC was done two times for each sample for getting a good non-reflective surface. Spin coating of the ARC layer onto the sample was done by spinning the plate with the applied drop on top for one minute at 2000RPM and then drying the layer by heating it up to 180°C for another minute. Repeating this procedure but heating only at 160°C led to an acceptable anti reflectivity. Third layer to be applied was the photo resist (Microposit S1805). It was spin coated by accelerating at level 5 to the initial rotation speed of 500RPM for 2 seconds and then accelerating at level 3 to the final rotation speed of 4000RPM for another 35 seconds. Drying the photo resist was reached by heating the sample to 115°C for one minute.

Then a corresponding interference-grating pattern was generated on a holographic set-up using a He-Cd-laser (Liconix, $\lambda = 441.6\text{nm}$). This laser was split up into two identical beams that interfere at a specific angle in order to generate interference lines of the width needed (minima and maxima of the period Λ). The silica master coated with photo resist is placed into this interfering plane. The quartz sample was exposed to this holographic interference grating for between 2 and 8 minutes (used standard was 350 seconds). The exposure time defines the duty cycle of the grating lines in the photo resist and therefore later in the chip material. The light coupling efficiency of the grating depends on the shape of the grating as well as on its duty cycle.

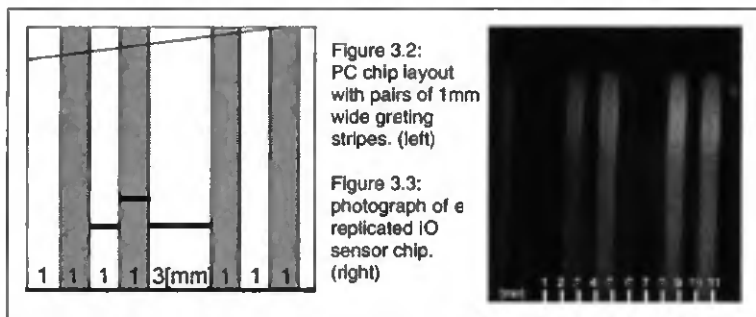
After exposure the photo resist had to be developed in a standard developer (Microposit 303, 1:10), which had to be stirred well immediately before each use. Developing was done for 20-25 seconds in order to fix the sinus like volume grating structure. After developing the sample was rinsed with de-ionized water for at least one minute.

Next processing step is vapor deposition of a 4nm thin chromium layer at an angle of 14°. This builds up a non-continuous triangular structure on top of the photo resist grating.

The grating pattern of photo resist, covered by chromium, was etched into the silica master by oxygen plasma etching. Only the chromium layer could prevent the photo resist from flattening down too quickly and so not transferring the line structures into the hard quartz underground.

The macroscopic structure of the grating pads was defined using an aluminum shadow mask. Grating stripes of 1mm width were repeatedly placed on the master to provide multiple chips from every single fabrication step (See figure 3.2).

The master was then used to fabricate a negative nickel shim by electroplating techniques. Electrodes were mounted on the gold sputtered quartz master for growing a nickel shim by electroplating. To finally produce the replicated chips, the shim was used as a negative master to replicate the grating structure into 250 μm polycarbonate sheets (Röhm). The replication was done by embossing the structure of the quartz master



from the nickel shim into a polycarbonate (PC) sheet during 4.5 minutes at a pressure of 4.5 bar and at a temperature of 240°C. After cooling the nanostructured polycarbonate chips have been sent to Unaxis Balzers AG for waveguide deposition. A TiO_2 waveguide with a thickness of 160nm and a refractive index of 2.4 was deposited onto the plastic substrates in a standardized sputtering process of Unaxis. This process begins applying a layer of about 10nm SiO_2 onto the PC substrate. After that the TiO_2 is sputtered onto the chip. Only this process leads to the needed efficiency of wave guiding. This process cannot be performed for Ta_2O_5 coatings onto PC as Ta_2O_5 requires a higher temperature. Optically TiO_2 ($n \approx 2.4$) is more interesting than Ta_2O_5 ($n \approx 2.1$) because of its higher refractive index. Biochemists however often prefer Ta_2O_5 because of its higher stability and inertness. More details on the single fabrication steps are available in Ref.[38].

Figure 3.3 shows a photograph of such a chip.

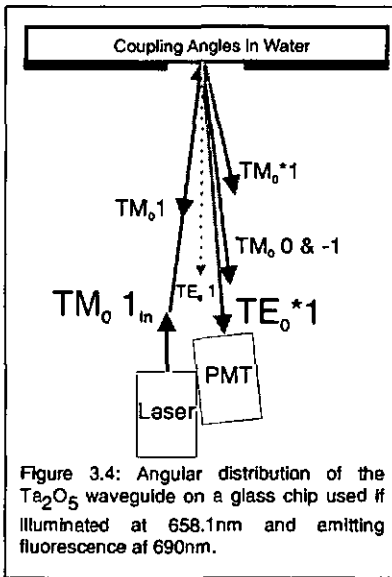
- Polycarbonate (PC) chip substrate – vs. – Glass chip substrate

Many differences between glass chips and (replicated) PC chips have been observed.

As an advantage of PC chips the costs and the possibility of cheap mass production must be mentioned first. One single nickel shim can be used for embossing thousands of (theoretically) identical low cost plastic chips.

But in the time being many disadvantages of plastic chips have arisen thus motivating to change completely to glass chips. Especially now as a process line has been set up at Unaxis Balzers AG to build glass chips with actually identical grating structures in an automatic way.

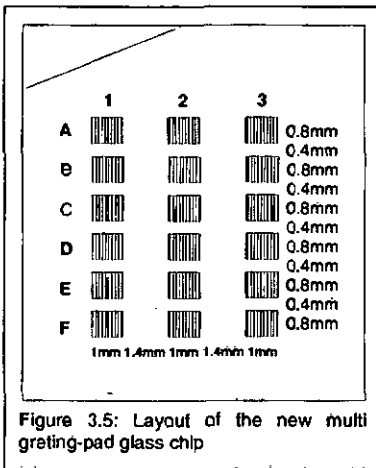
Figure 3.4 shows the angular distribution of these glass chips that were typically used towards the end of this work. Figure 3.5 is the scheme of their layout that was designed towards multi array sensors.



Disadvantages of plastic chips are

- o Auto-fluorescence
- o Non-stability of the substrate due to pinholes in the waveguide sensitivity of PC to aggressive solutions as solvents and acidic solutions.
- o The wave guiding film does not adhere well.
- o Possibility of applying TiO_2 waveguides only
- o Non reproducibility of the gratings caused by slightly varying pressure and temperature during the embossing

The differences between the PC chips and the glass chips are obvious. The gratings of the glass chips as reproducible as also the grating depth and grating constant. This leads to more accurate coupling angles within constant conditions (wavelength, polarization, fluid) than for the PC chips, except some rare bad coating runs at Unaxis showing a slight gradient in the waveguide thickness.



This little processing problem also showed up sometimes when coating PC chips and is not at all a typical problem of glass substrates. The glass is much more stable to many kinds of fluids, so the substrate is not dissolved and thus the waveguide does not dissociate. Further the glass chips are much more planar and smooth on the surface and besides that do less fluoresce themselves.

- Reasons for Change

The bad reproducibility of the hot embossed gratings, the sensitivity of PC to acidic solutions as well as the strong scattering of light and self fluorescence by the PC chips led to the decision to change definitely to the new glass chips.

- Characterization

To characterize the properties of the waveguide and of the grating the chips were illuminated with different lasers (He-Ne 632.8nm, He-Cd 441.6nm) and the first diffraction angles was measured in autocollimation. That means the beam of the first diffraction order radiates back to the laser source. The general diffraction equation for reflecting gratings

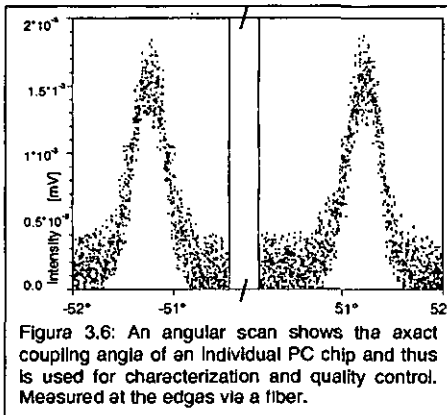
$$\sin \theta_{\text{out}} = - (m_g \lambda / \Lambda + \sin \theta_i) \quad (3.1.3)$$

is then reduced by the fact that $\theta_i = \theta_{\text{out}}$ of the first diffraction order ($m_g=1$), and the grating constant is calculated by:

$$\Lambda = \lambda / 2\sin \theta_i \quad (3.1.4)$$

Where Λ is the grating constant, λ is the laser wavelength, m_g is the diffraction order and θ_{out} is the angle of diffraction.

Further, the coupling angles of the gratings for the TE and the TM



polarized mode have been measured in air or in water on the set up illuminating with the same laser used for experiments. Measuring the light intensity at the edges of the waveguide during an angular scan results in a typical resonance curve as shown in figure 3.6. Therefore glass fibers were connected to the edges of the waveguide. These fibers led to photodiodes to measure the brightness peaks at the coupling angles.

The same type of angular scans were repeatedly performed at a small angular range during measurements in order to assure that the chip be illuminated at the angle of optimum coupling. This is necessary as temperature or pH changes may result in a variation of the coupling angle. Figure 3.7 shows how this was measured.

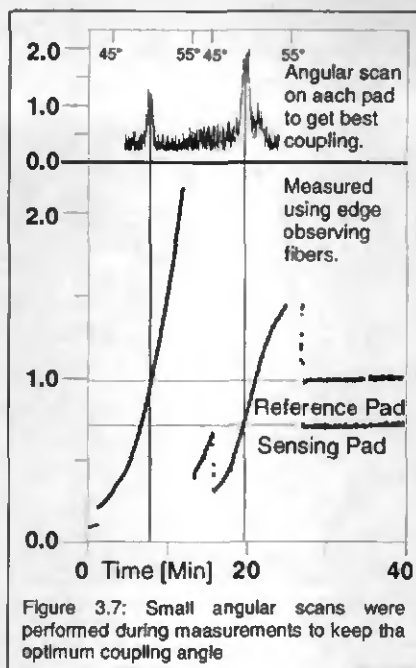


Figure 3.7: Small angular scans were performed during measurements to keep the optimum coupling angle

- AFM, SEM, Fluorescence-Microscopy

Some of the replicated PC chips as well as some of the quartz masters were controlled in the atomic force microscope (AFM, Figure 3.9) and,

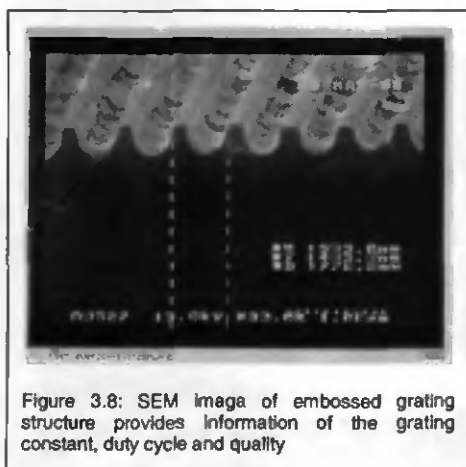


Figure 3.8: SEM image of embossed grating structure provides information of the grating constant, duty cycle and quality

after sputtering a thin gold layer to the surface, in the scanning electron microscope (SEM) in order to characterize the submicroscopic grating structure. Herein the form of the grating could be observed. A nearly but – obviously – not perfect rectangular grating structure with rounded edges could be observed. Further the gratings depth, constant and the duty cycle could be measured. Figure 3.8 is the image of a grating structure obtained by an SEM.

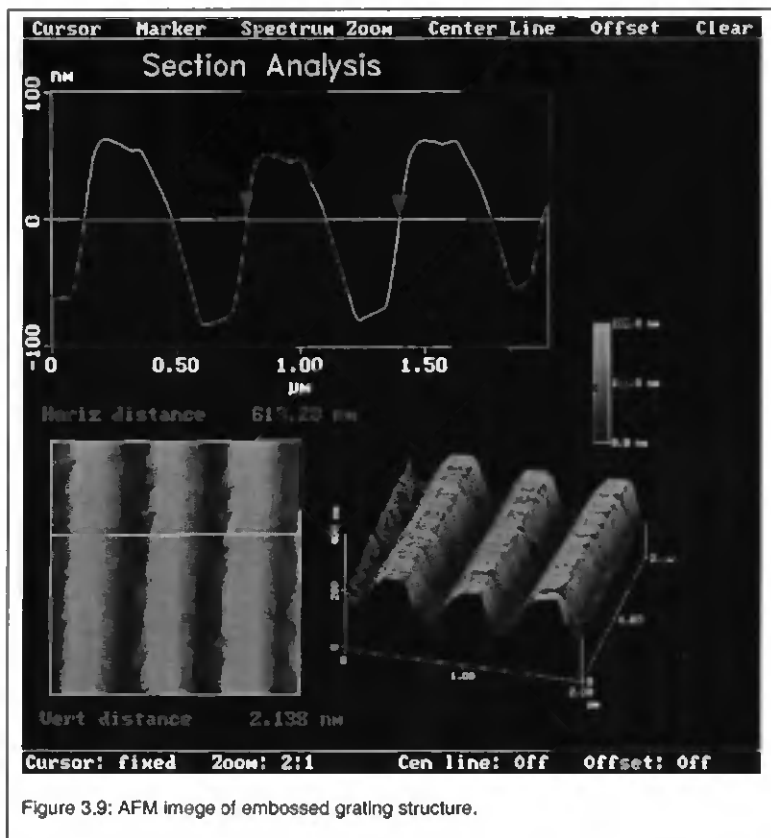


Figure 3.9: AFM image of embossed grating structure.

3.2 Sensing scheme and experimental set-up

- Single Pad

In order to reduce the path of the guided wave as well as the whole chip size Compared to the conventional integrated optical sensing schemes described in chapter 2.2 and in respect to later multi channel sensing a new single pad sensing scheme was designed as it was described in chapter 2.3.

- Cross Polarization

Using single pad fluorescence sensor chips makes it more important to separate the illuminating light from the fluorescence signal. That is because the exciting laser light is reflected and scattered on the very same pad where the emitted fluorescence light originates. This is achieved for example by measuring only the cross-polarized portion of the fluorescence. The illuminating laser beam is linear polarized whereas the fluorescence usually is not polarized [*]. Therefore the emitted

fluorescence propagates in the waveguide in at least two different modes in each direction, the TE_0 as well as the TM_0 mode. Both of these guided modes are coupled out at different angles. The illuminating light exciting the fluorescent dyes was usually TM polarized. The angular difference between exciting light and emitted light caused by the slight wavelength shift was small.

In all the experiments that were performed for this work (except chapter 8, ECL) the intensity of the fluorescence excited by an illuminating laser was measured. Therefore much effort was to be done for suppressing the laser light by detecting the signal. This was done using different suppression techniques.

That is:

- Different coupling angles due to different wavelengths
- Measuring only the cross-polarized portion of the fluorescence
- Using a band pass filter

[*] It can be assumed that specific dipole molecules, if specifically bound to a surface, emit polarized light, especially if they are excited by a polarized light source. This is only the case if the binding prevents moving [73] as in crystalline structures, where the degrees of freedom are limited.

In the sensing scheme used for this work the exciting laser beam was most of the time TM-polarized. It was emitted by a 658.1nm laser diode and mechanically chopped in order to allow lock-in amplification. This light was coupled into the planar waveguide on the sensing pad grating at the angle of the first grating coupling order. Using a 160 nm TiO_2 film and a grating constant of 595nm leads to an angle $\theta_{ex}(TM) = 52^\circ$.

- Second Order

In order to get a better separation between the exciting laser light that also is coupled into and propagated through the waveguide to be coupled out at its specific coupling angle, and the emitted fluorescence, which is coupled out at a slightly different angle due to the shift in the wavelength, measuring the intensity of the fluorescence at the angle of the second coupling order was considered. Many measurements performed did not show clear signals for a long time. This was caused by two different reasons:

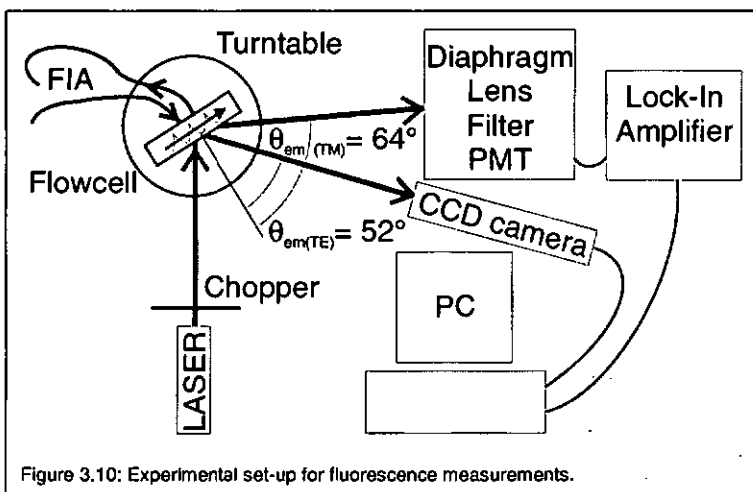
First, the second order, only couples via not sine shaped gratings due to total destructive interference in sine shaped gratings. Only an asymmetric duty cycle increases the efficiency of the second order.

Second, the coupling angle of the second coupling order coincides with the second diffraction order of the grating. This can be derived using equations 3.1.1 to 3.1.3.

So the resonance peak was below the second grating diffraction order signal of the illuminating light and thus not detectable.

- Using an optical band pass filter

As the illuminating laser generates a lot of light scattering as well as different kinds of reflections, and control light's background light was present, an optical filter was used in front of the photo multiplier tube to additionally suppress as much background as possible. The filter was the emission filtering part of an exciter/emitter set by Omega Optical (XF70 690 DF40) and had a pass band region from about 670nm up to 710nm.



- Experimental Set Up

Figure 3.10 shows an overview of the set-up used for IO fluorescence measurements. It consists of the flow cell mounted on a turntable containing the IO sensor chip (see figure 3.11). The chopped illuminating laser beam can be shut in order to reduce photo bleaching of the fluorescent dyes during the adsorption phase. It can also be split into spatially different parts to provide multi analysis measurements using multiple single-pad units on one chip.

Adjustment of the chip position is done using three linearly moving tables and the turntable. Optionally the sensing chip can be monitored using a CCD camera. Turntable angle and readout optics geometry can accurately be adjusted as well in this set-up. Even online adjustments can be performed by means of an optional detector in order to readjust the optimum coupling-angle. The TE-polarized part of the emitted fluorescence light, propagating a separate TE mode in the waveguide, is coupled out of the waveguide by the grating structure. A diaphragm and a lens provide an image of the sensing pad via a band pass filter to the detector, a non-cooled photo multiplier tube. No photon counting is used. Implementing that technique would however increase the sensitivity, but

also the size and the cost of the setup. The photocurrent is changed into a voltage and lock-in amplified prior to analysis.

- **Optical Table**

An optical table (TMC) having a large mass that is damped with nitrogen and provided with screw holes in 5cm intervals was used as basis for the experimental set up. The setup itself provides a broad flexibility to perform different types of experiments at different angles and using different laser sources. Three lasers are implanted, one of them, a laser diode at a wavelength of 690nm, used to adjust the readout optics of the fluorescence emission as it is at the same wavelength. A turntable with different mounting arms for all kinds of optical elements is the center of the

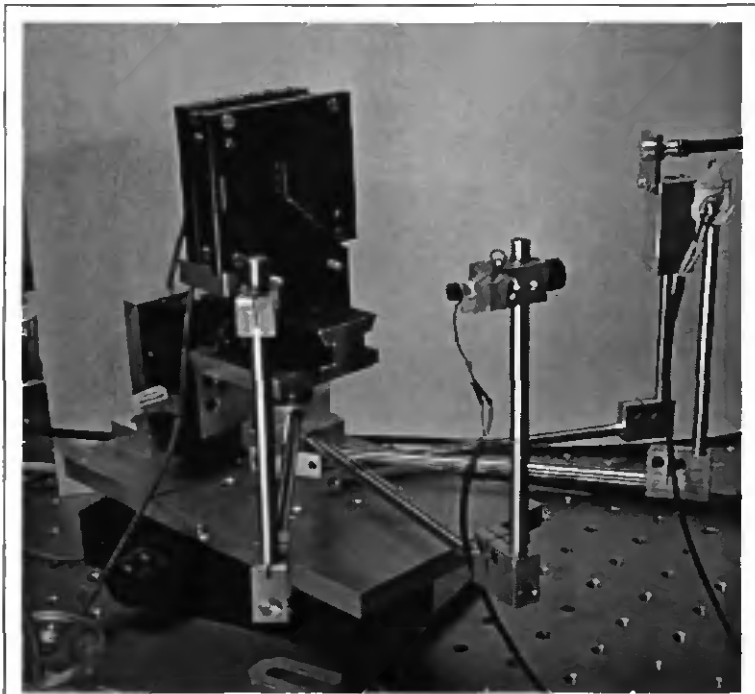
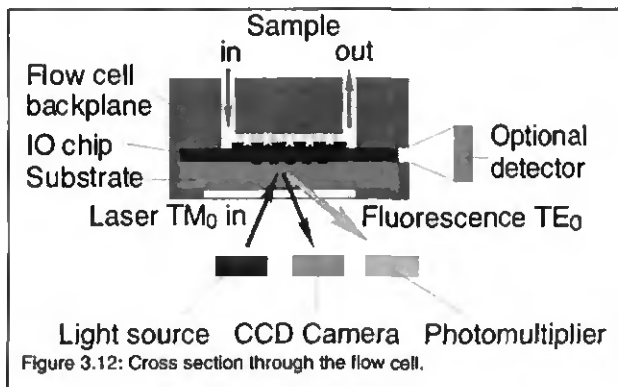


Figure 3.11:
The flow cell mounted on the turntable is the center of the measuring set-up.

set up. The chip is held on top of this turntable, mostly being mounted in a flow cell. A detailed view of the flow cell holding the IO sensor chip is shown in figure 3.12. The fluidic back plane can be connected with tubes to the flow injection analysis (FIA) system. All fluids as buffer and analyte containing sample are pumped through the connections in the back plane to the reaction volume, which is in direct contact with the bio-coated chip.

Fluidics are driven by two peristaltic pumps and two multi-way valves. The active chip area is illuminated from the opposite side passing through the chip's substrate. The laser beam therefore never needs to pass across the volume containing the analyte molecules prior to interacting with the chip. This means that the light is not undergoing unwanted changes.



- **Measurement Tools**

All the measurements - except the resonance detection scans observing via the edges of the waveguide - have been performed using a photomultiplier tube (PMT, Hamamatsu H-6240-01). The PMT for signal detection was mounted on one of the turntable arms providing the possibility to be fixed on the optical table if an angular shift between the sensor chip and the readout optics was needed. The photocurrent was changed into a voltage and amplified in a lock-in amplifier (Stanford Research SRS30). Therefore the illuminating light source was chopped mechanically at a frequency of about 230 Hz. Also a spectrometer, a CCD camera, several photodiodes and a heater with temperature controller were parts of the laboratory set up.

- **Demonstrator**

Figure 3.13 shows a desktop demonstrator for integrated optical fluorescence sensing that has been designed and built recently. None of the measurements in this work has been performed using this compact module. It is optimized for performing all types of fluorescence measurements as well as the tests using electrochemiluminescence (ECL). A linear table allows automatic multiple pad or even multiple chip measurements, while the angular as well as the lateral adjustment has to be done manually. Modular construction allows different detection modalities; also a PM tube can be mounted to the demonstrator module. Two small lock-in amplifiers (Femto LIA-BVD-150-H) amplify the signal. The module can easily be transported and will be used in future by the Biochemical Sensors Section of CSEM in Neuchâtel.

3.3 Experimental

- Assays

Most of the measurements have been performed using flow injection analysis (FIA) allowing switching between buffer, different sorts of sample solutions and regeneration fluids. A disadvantage of performing dynamic measurements in a micro fluidics flow cell is the quick generation of air bubbles and the not well-known flow distribution. Air bubbles adhere to the (chip-) surface. They therefore prevent the chemical reaction to take

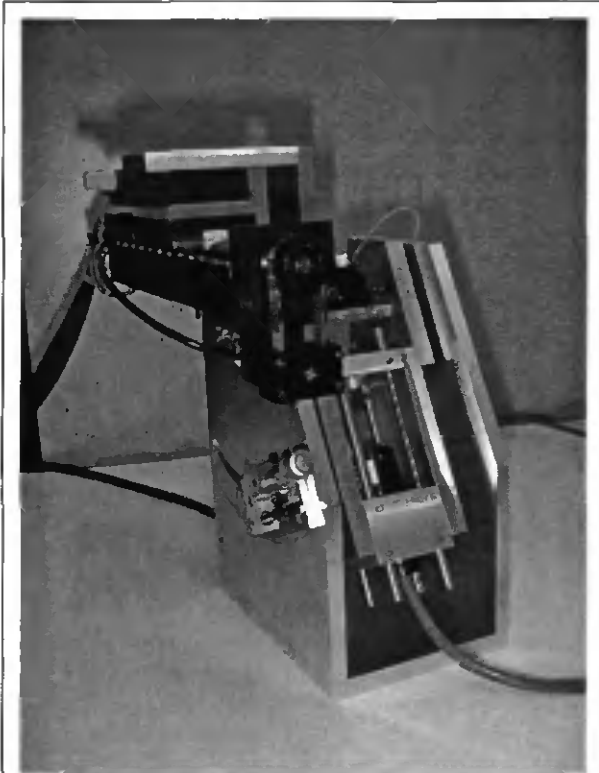


Figure 3.13: The new desktop sensing module incorporates a laser that can be swung around the sensing region, a flow or still cell as chip holder, a scanning linear table and read-out optics. A PMT can easily be connected.

place. Further they scatter the light enormously and thus make the results unusable. The advantage of measuring in a closed flow cell is the possibility of arranging the sensor chip vertically. This point improves laser safety by means of a horizontal laser beam that is not coincidentally led directly or by reflection into the eye of the operator. This arrangement

furthermore offers an easier way to adjust the sensing pad on the center of the turntable. Adjusting the laser point on the sensing pad therefore is very easily performed. Further the flow injection option lead to the possibility of measuring the signal during the whole reaction process, which led to more meaningful results.

Some rare experiments were performed statically by filling the flow cell or putting some fluid containing analyte on the sensor chip using a pipette after turning the set-up into a position providing that the chip be horizontally lined up.

3.4 Fluorescent Dyes

Some different types of dyes have been tested for the measurements performed within this work. Cy-5 was the one used for all the relevant experiments. This label is very convenient as many molecules labeled with Cy-5 are commercially available. Additionally the measurements would not have been very reproducible if the set up had been changed too often when using differently colored dyes such as changing expensive optical filters and the angular settings. So most of the chips fabricated and used were optimized concerning the coupling angles for molecules labeled with Cy-5.

- Cy-5[®] - Dye

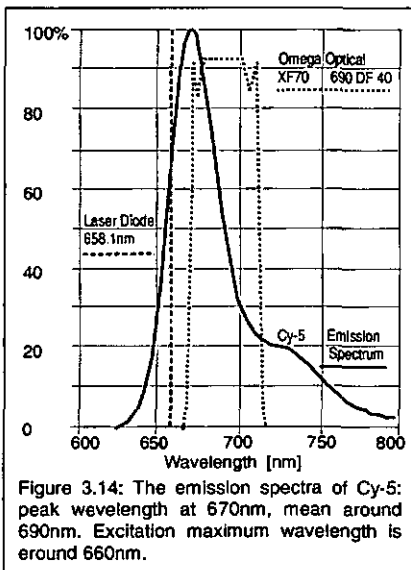


Figure 3.14: The emission spectra of Cy-5: peak wavelength at 670nm, mean around 690nm. Excitation maximum wavelength is around 660nm.

Molecules labeled with the Cy-5 dye are available from Amersham Life Science. Besides the availability the Cy-5 dye is stable and its properties are well known. It is based on the benefits of cyanine flours and its emission band is comparably narrow. Cy-5 offers high sensitivity; high sensitivity; low non-specific binding (if the labeling is strong); high photo stability; high water solubility and nearly pH insensitivity.

The absorption maximum is in the far red at 649nm. The fluorescence ranges from 625nm to 800nm. Its maximum is at 670nm; the half-width totals 38nm, from 654nm to 692nm, thus the

upper tail showing a smaller slope than the lower one (see figure 3.14).

- **Cardio green**

Indocyanine green (cardio green or fox green, Fluka, $C_{43}H_{47}N_2NaO_6S_2$, $\lambda_{ex} \approx 700\text{nm}$, $\lambda_{em} \approx 775\text{nm}$) was used for the very first preliminary feasibility tests using new replicated PC chips. It was not used for real experiments as its cost, lack of stability and limited absorbance in the visible region practically preclude it as a biological stain. Cy-5 is more convenient and offered excitation and emission wavelength very suitable for our chips.

- **Ruthenium Complexes**

For the singular series of electrochemiluminescence (ECL) measurements a ruthenium complex Ru(bpy) was used. See chapter 8.

- **Absorption**

Some tests with chips coated with an absorbing layer (mixture of ETH-5418 and KTTFPB) from Caspar Demuth from the Center of Chemical Sensors (CCS, part of the Swiss Federal Institute of Technology, ETH) have been performed thus showing too strong absorbance for our measurement set up and therefore a too high noise level.

4. Model Experiments

The feasibility of the new sensing schemes was tested in the measurement set up by performing different sorts of standard experiments. These well-known measurements of fluorescent molecules adsorbed to the chip surface were performed to show the behavior and the sensitivity of the new sensing schemes [39,40,44,51,56,60]. In these experiments a recognition layer was built on one sensing region by incubation of proteins during two hours. This built the sensing channel (S). In first experiments, only one sensing unit has been used on each chip for feasibility demonstration. Sometimes a second region was measured at the same time as a reference channel (R). This region was left clear or a blocking layer of bovine serum albumin (BSA) was incubated on it.

4.1 Immunoassays

- Protein A - IgG

One type of a model immunoassay was performed by incubating protein A onto one measuring pad to set up a strong and non-specific recognition layer for different types of antibodies (Jackson ImmunoResearch Laboratories, Inc.). Incubation of bovine serum albumin (BSA) built up the reference channel, where no antibodies were expected to stay near the chip surface. Not all measurements however were performed on two (or more) channels.

The experiments consisted of an assay where a cycle with buffer solution (phosphate buffer saline, PBS) first was applied to calibrate the background baseline. Sample solution containing different concentrations of Cy-5 labeled antibodies (Goat-anti-Rabbit IgG; Donkey-anti-Mouse IgG) that stick to the protein A was applied in the next cycle. After the adsorption process saturated, buffer was applied again to show the net signal of labeled antibodies adsorbed to the protein A coated sensing layer on the chip surface. The signal from the reference channel during the application of the analyte containing sample showed the efficiency of background suppression by efficient coupling of the evanescent field. The net signal of that channel when it was again rinsed with buffer showed the effect of unwanted non-specific adsorption of labeled molecules to the chip surface.

- IgG - Antibody

For the other type of standard experimental immunoassays, mouse IgG molecules have been immobilized on a specific region of the waveguide-grating surface of the chip using photobonding. The specified region - one single pad - represents the whole selective sensing unit. A sample solution based on phosphate buffered saline (PBS) containing 10nM Cy-5-conjugated donkey anti-mouse IgG as analyte was applied by means of a flow cell during several minutes in each assay. The reference channel was incubated with either BSA or another type of IgG was immobilized in

order to demonstrate the sensing scheme's multi channel measurement feasibility.

In the second case two grating regions of 1 mm x 1.5 mm each have been coated with two different IgG molecule types. These two regions were each working as independent single-pad sensing units (see inset in figure 4.5). One pad (1) was coated with mouse IgG whereas rabbit IgG molecules have been linked to the other pad (2). By applying a not recognized type of antibody each sensing unit worked exactly as a reference channel coated with a blocking layer does.

The experiments consisted of an assay where a cycle with buffer solution (phosphate buffer saline, PBS) first was applied to calibrate the background baseline. Sample solution containing Cy-5 labeled antibodies of one type (Goat-anti-Rabbit IgG) that stick to the Rabbit IgG was applied in the next cycle. After the adsorption process had saturated, buffer was applied again in a short cycle to show the net signal of labeled antibodies adsorbed to the Rabbit IgG coated sensing layer on the surface of one sensing pad. The signal from the other sensing channel during the application of the analyte containing sample showed the efficiency of background suppression by efficient coupling of the evanescent field like a usual reference channel as well as the specificity of the detection. The net signal of that channel when it was rinsed with buffer showed the effect of unwanted non-specific adsorption of labeled Goat-anti-Rabbit IgG molecules to the Mouse IgG coated surface of that pad. In a next step sample solution containing Cy-5 labeled antibodies of a different type (Donkey-anti-Mouse IgG) that stick to the Mouse IgG was applied. After the adsorption process on the Mouse IgG coated sensing pad had saturated, buffer was applied again to show the net signal of labeled antibodies adsorbed to the Mouse IgG coated sensing layer on the surface of the corresponding sensing pad. The other pad still showed the signal of the antibodies adsorbed during the first cycle. Hence that one could be considered as a reference channel in this cycle. Applying buffer during a long period showed the stability of the adsorbed molecules. A slow decrease of the fluorescence signal can give some information on the photo bleaching of the Cy-5 labels or wash out and different aging processes of the antibodies.

4.2 Results

- Protein A - IgG

The adsorption to the protein A coated pad can be observed dynamically to saturation. Higher concentrations cause bulk fluorescence background on both channels. Also non-specific binding of molecules to the reference pad can be observed at higher concentrations. The net signal originating from the labels of the adsorbed antibodies can be obtained from the difference of the both final signals in buffer solution.

The curves in figures 4.1 to 4.3 show the increase of the emitted fluorescence intensity during the adsorption phase of the molecules to the

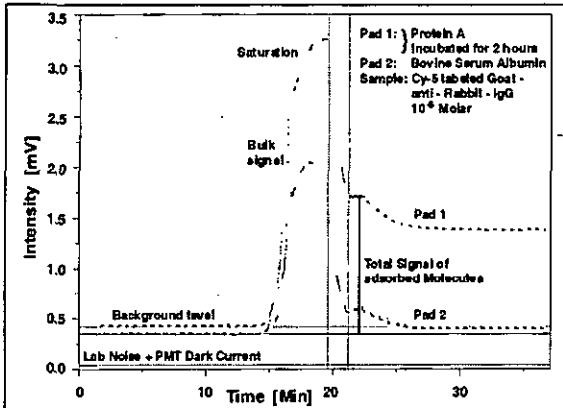


Figure 4.1: Standard experiment adsorbing 10^{-6} molar Cy-5 labeled goat-anti-rabbit IgG to an incubated layer of protein A. The bulk fluorescence contributes a high intensity.

sensing layer up to saturation. Each curve is a result of a measurement using another concentration of labeled antibodies. High concentration leads to a strong background intensity of light emitted by molecules in the bulk within the volume of the flow cell away from the chip surface.

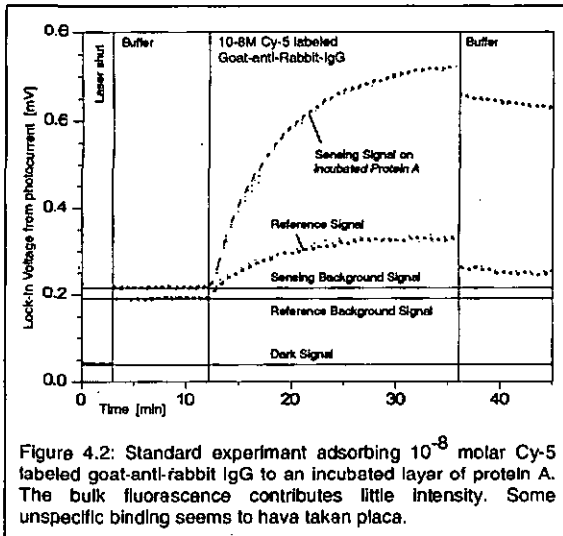
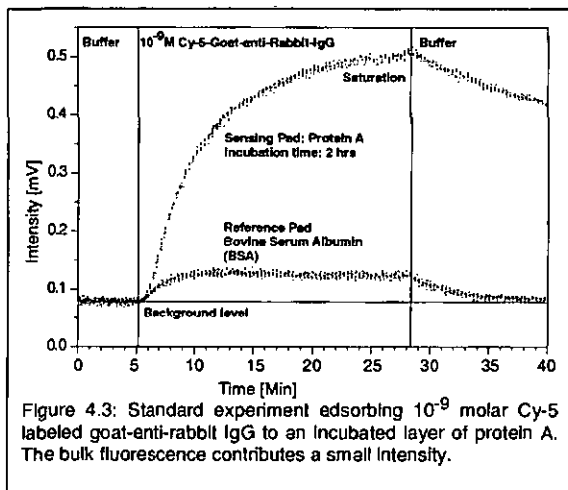


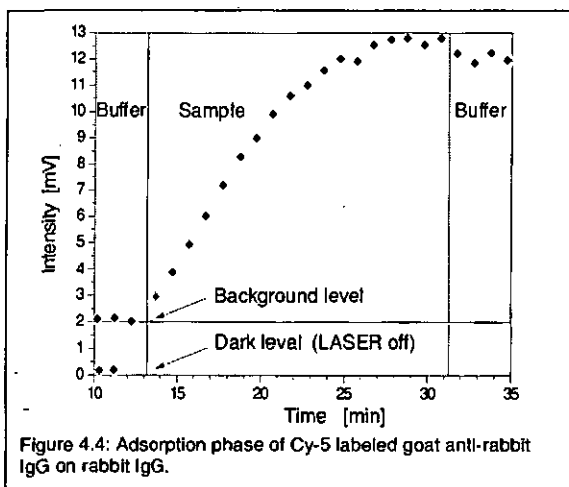
Figure 4.2: Standard experiment adsorbing 10^{-8} molar Cy-5 labeled goat-anti-rabbit IgG to an incubated layer of protein A. The bulk fluorescence contributes little intensity. Some unspecific binding seems to have taken place.

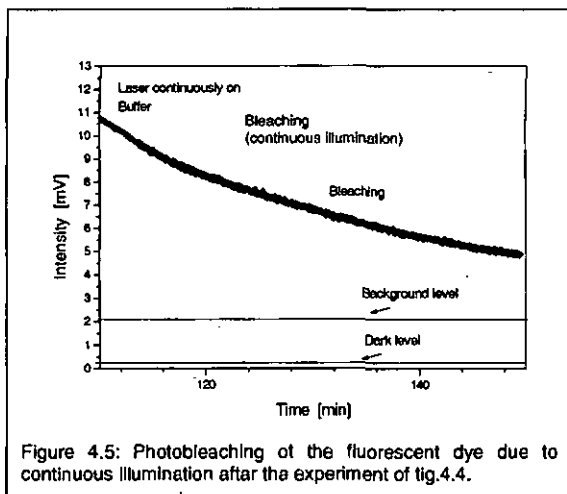
The background intensity originated from scattered excitation light, bulk fluorescence light, and polycarbonate fluorescence. Additionally, there is a small contribution by the PMT's thermal dark current (80cps @ 20°C).



- IgG - Antibody

The curve in figure 4.4 shows the increase of the emitted fluorescence intensity during the adsorption phase of the antibodies to the sensing layer of the corresponding type up to saturation. The isolated measuring points result from the repeatedly shut beam in order to reduce photo bleaching. The beam shutter has been opened for five seconds every minute.





As can be seen in figure 4.5, continuous illumination produces a much faster bleaching of the dye.

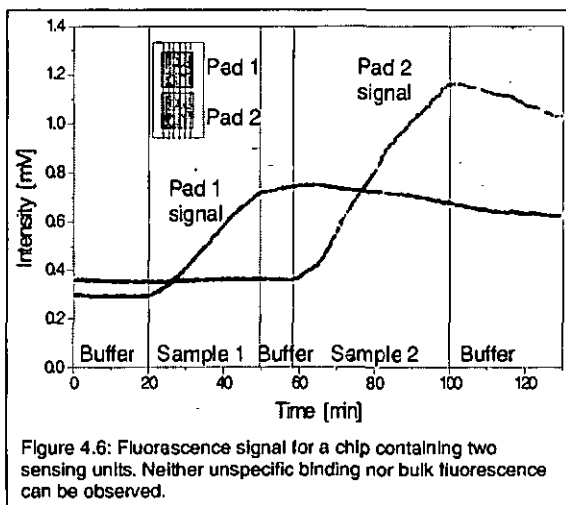


Figure 4.6 shows the result of a two-channel assay. During the first cycle of the assay (time < 60 min) the sample only contained antibodies of one IgG type (10 nM Cy-5 conjugated donkey anti-mouse IgG). Pad 1 shows the adsorption kinetics as expected. The second sensing unit on the sensor chip showed no response. It therefore could be used as a reference proving the absence of bulk signal.

After saturation of the first pad, antibodies of the second IgG type (10 nM Cy-5 conjugated goat anti-rabbit IgG) have been applied to the sensor. During this cycle, the analyte molecules adsorbed only on the second pad, while the first sensing unit served as a reference. The slight decrease of its fluorescence signal resulted from photobleaching.

The adsorption process of each pad can clearly be seen in the independent intensity raise of each channel. Only the corresponding antibodies are recognized and thus contribute to each signal. Each channel can be considered as a reference for unwanted effects such as temperature effects, non-specific binding, bulk background, aging of the labels, change of the coupling angle caused by pH changes or air bubbles in the flow cell by applying the antibodies of the type that does not correspond to the coating.

4.3 Discussion

The suitability of the approach has been demonstrated by performing standard immunoassays with replicated TiO₂ waveguide chips as well as with new glass based Ta₂O₅ waveguide chips, where an efficient discrimination between excitation light and fluorescent radiation was achieved. An excellent suppression of the unspecific contribution to the signal by the molecules in the bulk solution was also demonstrated. These standard experiments therefore give a good estimation of the label concentration limit needed for clear signals as well as about the efficiency of coupling and of background suppression in relation to the concentration. However they show that the time needed by the recognition and the binding process depends on the concentration to be measured. It is a fact that the saturation time increases exponentially with decreasing concentration. It can also be seen from the total of graphs that quantifying concentrations depends on very many factors that must be absolutely reproducible from chip to chip as well as from measurement to measurement. This point is the major problem to solve before quality sensors based on that principle can be produced.

- Protein A - IgG

The results show the adsorption of the labeled antibodies to the surface and the resulting fluorescence efficiently collected in the waveguide and coupled out to the detector. The advantage of the integrated optical method can be seen at low concentrations when the bulk fluorescence is strongly suppressed. In high concentrations the molecules present in the bulk contribute a high intensity of fluorescence making calibration extremely difficult as it is very difficult to quantify the percentages of emitted fluorescence intensity distributed to the different optical channels as stray light, guided modes to all directions, loss through the not observed TM angle, coupled at higher orders and even quenching effects. Photo bleaching and aging of the molecules on the surface can also be

observed. Whereas it is not clear what part of signal loss is due to bleaching, washing or different types of aging.

- IgG - Antibody

The results of the double channel standard immunoassay clearly show the possibility to perform multi-analyte sensing if stable recognition layers are coated onto the chip surface providing high specificity in their immunoreactions. Both pads do not show any unspecific adsorbing. Further the background suppression at a label concentration of 10^{-8} molar can be considered absolute. The channel sensing the antibodies in the first cycle (Goat-anti-Rabbit IgG) has complete reference channel properties. No relative change can be seen, as the other type of antibody does not bind to the antibodies of the first type already present on the surface. The antibodies of the wrong kind do not recognize binding sites that possibly remained free either. The constant intensity measured at that channel shows that the raise of the other signal must originate only from the binding process. This leads to the observation that the signal of the second antibody (Donkey-anti-Mouse IgG) is higher by nearly a factor 2. This effect cannot easily be understood. It might be an effect of a difference in the density of binding sites on the two different pads. Additional reference pads must be considered for real multi channel measurements. This fact is one of the problems to face if exact calibration for quantitative measurements needs to be performed. The structure of the recognition layer and its binding sites is one of the major key points in quantifying intensity measurements.

At this combination of molecules pure reference pads can be neglected. However that was not always the case. In performing multi-analyte sensing the combinations of molecules to detect have to be considered as carefully as the stability of each recognition layer.

5. Fluorescence-based Weveguide Detection of Antibiotics

After having shown the suitability of the new principle of sensing fluorescent molecules with the approach presented, the interest focused on detecting molecules of interest for a real sensor [7]. A current European project [74] focused on detecting antibiotic molecules in raw milk for food quality control using and comparing different sensing methods. So the same assays were used to show the feasibility of this approach in performing food control. In this chapter the detection of antibiotics is described.

5.1 Experimental

The method used to detect antibiotics was performing competitive assays. A competitive assay means here that a known concentration of antibodies (anti-PS) binding to a different type of antibodies (anti-mouse-IgG) with fluorescent dye labels (Cy-5) is added to the fluid to be analyzed. The labeled antibodies can either bind to the analyte molecules (antibiotics) or bind to one of the additional antibodies (anti-PS) in the fluid. This means

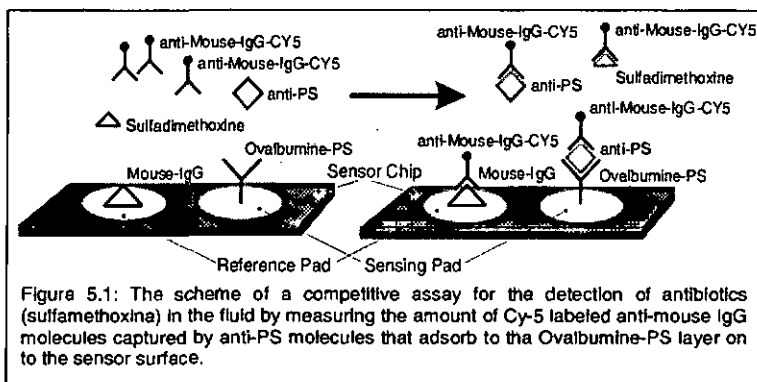


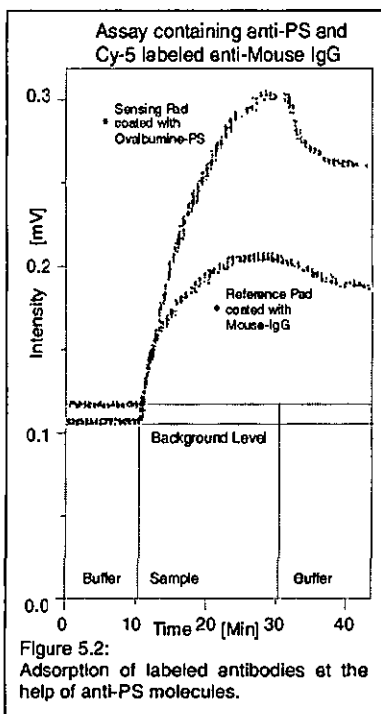
Figure 5.1: The scheme of a competitive assay for the detection of antibiotics (sulfamethoxina) in the fluid by measuring the amount of Cy-5 labeled anti-mouse IgG molecules captured by anti-PS molecules that adsorb to the Ovalbumine-PS layer on to the sensor surface.

that the antibiotics and the extra antibodies compete for binding a labeled antibody. The antigen recognition layer coated onto the sensing chip's surface (Ovalbumine-PS) only adsorbs those additional (anti-PS) antibodies (See Fig. 5.1). Therefore the intensity of the fluorescence signal on the sensor surface is decreasing if a high concentration of antibiotics is present in the sample, as the labeled antibodies captured by the antibiotics are not able to adsorb to the layer via the anti-PS and are washed away. As antibiotics are small molecules and have a big impact on organisms though appearing at very low concentrations, sensitive detection methods such as integrated optical fluorescence sensing are needed. Antibiotics can be found in blood as well as in a multitude of liquids of the food chain. For example the highly sensitive detection of the presence of antibiotics in milk and their concentration is a very important topic. For that reason many different experiments have been performed to detect antibiotics within this work.

5.2 Results

In a first assay sample solution containing both anti-PS molecules and Cy-5-labeled anti-Mouse IgG but no antibiotics, thus leading to a high fluorescence signal, was applied to a sensor chip coated with ovalbumine-PS (a derivative of sulfadimethoxine antibiotics) on the sensing pad, while mouse IgG had been coated onto the reference pad. The results shown in figure 5.2 show clearly that the signal of the sensing pad is higher than the signal of the reference channel although both pads are able to bind the

mouse IgG, the sensing pad via the anti-PS whereas the reference pad binds them directly. This might be caused by the fact that the labeled antibodies bind to the anti-PS molecules in the solution already. This combination only can adsorb to the ovalbumine-PS coated sensing pad whereas solely the free anti-Mouse IgG bind to the mouse-IgG coated reference pad.



labeled anti mouse IgG molecules on the sensing as well as on the reference pad.

Both signals are presented versus time when flows of sample with different concentrations of antibiotic are passed through the fluidic cell.

Figure 5.3 shows results of the detection of antibiotics using the same dual channel single pad scheme. On the sensing pad ovalbumine-PS has been immobilized by photobonding. The reference pad can be considered as a control channel and was coated with mouse IgG prior to the measurement. The sample solutions contained different concentrations of sulfadimethoxine and a fixed concentration of anti-PS as well as Cy-5 labeled anti-mouse IgG. This results in adsorption of the

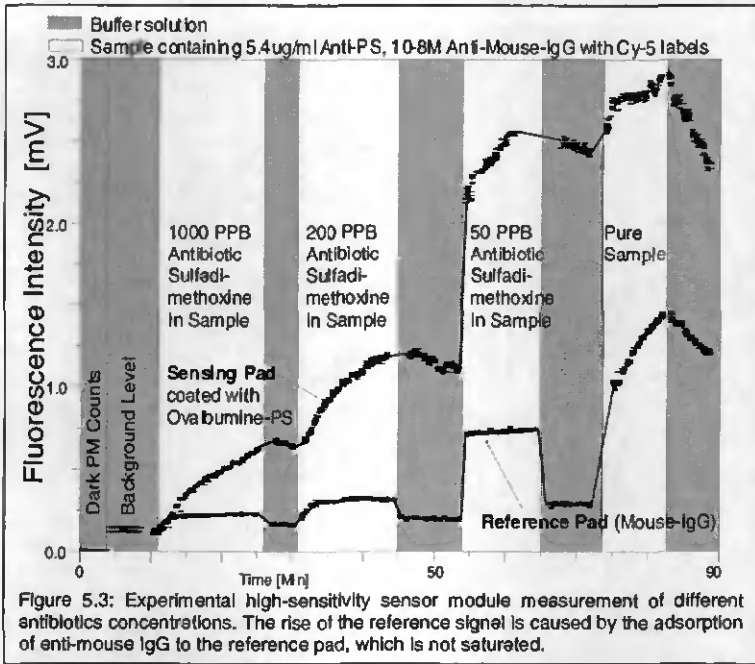


Figure 5.3: Experimental high-sensitivity sensor module measurement of different antibiotics concentrations. The rise of the reference signal is caused by the adsorption of anti-mouse IgG to the reference pad, which is not saturated.

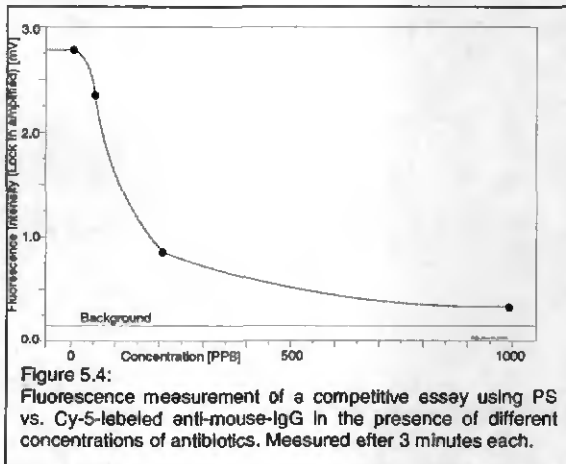
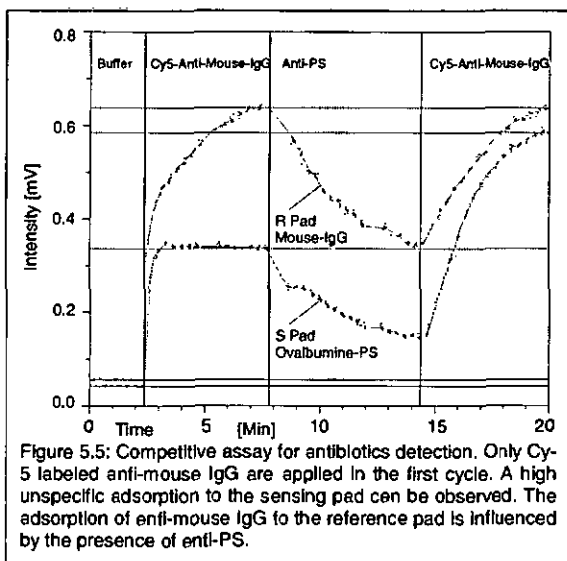


Figure 5.4: Fluorescence measurement of a competitive assay using PS vs. Cy-5-labeled anti-mouse-IgG in the presence of different concentrations of antibiotics. Measured after 3 minutes each.

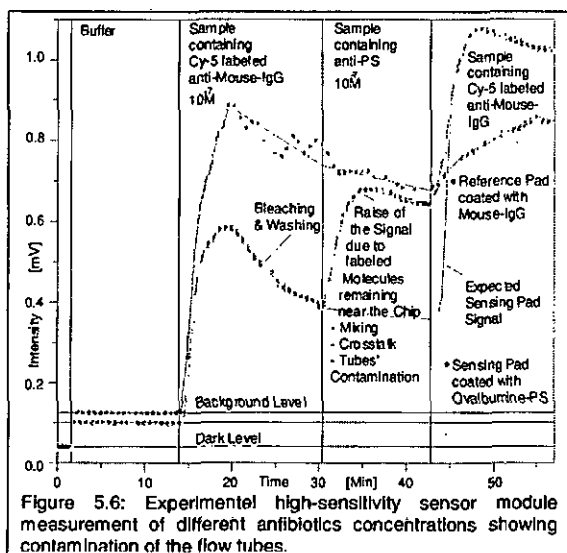
Figure 5.4 shows the decrease of adsorbed anti-mouse-IgG-anti-PS fluorescence intensity as the concentration of antibiotics (sulfadimethoxine) in the sample solution is increased. This kind of curve can be used for calibration, as soon as the measurements will be standardized in order to get the highest possible reproducibility. Figure 5.4 however is not a calibration curve! It was gained from only one measurement, as the absolute signals between different measurements varied markedly. The most common result from all measurements performed was the observation that the reference pad coated with mouse IgG did not react independently from the presence of anti-PS and antibiotics. This fact was unexpected and is not understood.

Anyway, this experiment clearly demonstrates the increase of the fluorescent signal if the concentration of antibiotics diluted in the anti-PS solution is eventually decreased. The signal of the reference pad coated with mouse-IgG however was smaller than expected, as the adsorption of Cy-5 labeled anti-mouse IgG should not be influenced as anti-PS or antibiotics are present.

A different experiment is shown in figure 5.5. In the first cycle of the assay 10^{-7} M Cy-5 labeled anti-Mouse-IgG was supplied on the chip coated with one sensing pad of ovalbumine-PS and a reference pad of mouse-IgG. The labeled antibodies are adsorbed to the mouse-IgG pad. But the signal shows how they also stick nonspecifically to the ovalbumine-PS pad as the signal clearly increases. After saturation, anti-PS without labeled anti-mouse IgG was applied that caused both channels' intensities to decrease. The reference pad provided a clear net signal, whereas the sensing pad signal nearly extinguished. Supposedly it should have totally extinguished. The reference pad signal decreases slowly – be it from washing effects or – slightly, but not only – from photobleaching, or even from a different chemical reaction aging the molecules that was possibly caused by the anti-PS.

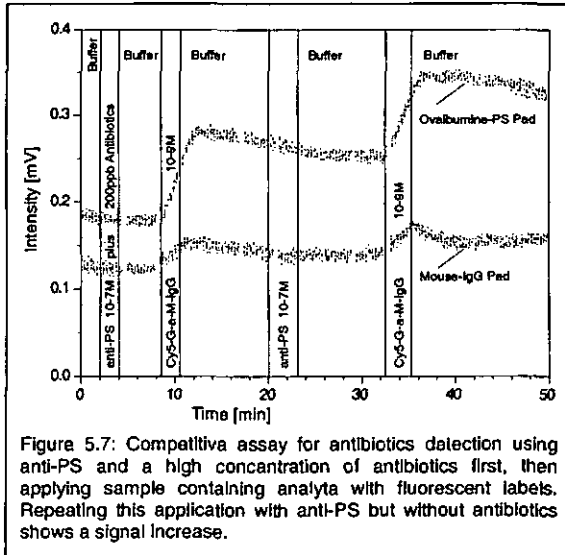


A similar experiment as the one described above lead to the result to be seen in figure 5.6. In the first cycle sample solution only containing labeled antibodies was pumped to the sensor chip. As in the experiment in figure 5.5 non-specific binding to the sensing pad could be observed. Then anti-PS molecules without fluorescent dyes were supplied. But the sensing pad signal rises as if the anti-PS molecules did pick up Cy-5 labeled anti-



mouse-IgG through the contaminated tubes and now adsorb to the ovalbumine-PS pad obviously containing free binding sites. The anti-PS already carry the label with the anti-mouse-IgG.

In the third cycle labeled anti-mouse-IgG was supplied again as in the first one. Now the signal level of the reference pad increases again to a level similar to the first cycle one whereas the sensing pad signal rises to nearly the double intensity than before resulting from the adsorption of the labeled antibodies to every free anti-PS binding site.



The opposing assay led to the experiment that is shown in Figure 5.7. The assay began with the application of antibiotics and antibodies (anti-PS molecules) without any labeled antibodies, as supposed not leading to any signal. After that Cy-5-labeled anti-Mouse IgG were applied leading to a rise in signal on both pads, whereas the intensity originating from the sensing pad was significantly lower than the one measured at the sensing pad. After a cycle of rinsing with buffer, a sample containing pure anti-PS but no antibiotics was applied. This did not cause an intensity change again. When finally labeled antibodies were pumped through the flowcell again, the signal measured at the sensing pad again increased. The intensity measured through the reference channel did not change greatly, hence a significant instability can be observed.

5.3 Discussion

The suitability of the approach to detect antibiotics using competitive assays has been demonstrated by performing different types of antibiotic immunoassays with replicated TiO_2 waveguide chips as well as with new glass based Ta_2O_5 waveguide chips. An efficient discrimination between excitation light and fluorescent radiation was achieved. However some effects were not absolutely understood. The possibility of cross talk between the sensing units, tube contamination by dye molecules, unstable recognition layers and other problems seem to be some explanations for unexpected signal variations. Even examining the chips in an ArreyScanner after use did not help finding definite answers for these signal variations.

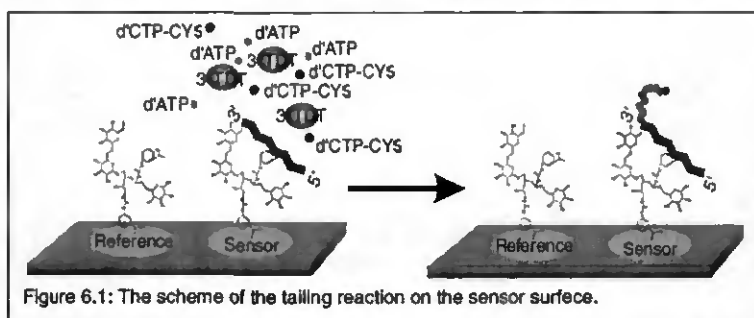
The new detection scheme was nevertheless successfully demonstrated and the compatibility with a fluidic cell indicates that it is possible to expand the range of applications by integrating the whole system into a compact module for performing measurements at the point of demand.

- Applications
 - o Immunoassays for diagnostics on the ppb level
 - o Assays for sensing of small molecules
 - o Examples:
 - Antibiotics in milk
 - Drugs in food or blood
 - Wastewater analysis

6. Detection of Oligonucleotide Tailing

In this section the detection of DNA probes using the single-pad waveguide fluorescence sensing method will be described. The interest in detecting DNA probes [1,2,3] is still growing, as it leads to an understanding of many different kinds of inherited diseases. A main goal is to apply this understanding into faster and more accurate techniques for diagnosis and treatment [11,20,51,55,59,60].

Therefore, experiments have been performed using a new assay measuring oligonucleotides labeled with fluorescent dyes that were adsorbed to the single pad IO sensor surface by a forced tailing reaction for fluorescence signal amplification (Figure 6.1). Tailing means that multiple DNA target probes (oligonucleotides such as d-ATP and d-CTP) adsorb specifically to one binding site immobilized on the chip (primer)



building up a chain. In this assay, oligonucleotides were immobilized on the sensor surface by dextran-based photobonding and then hybridized with complementary oligonucleotides (analyte). The tailing reaction of the nucleotides was forced using 3'terminal deoxynucleotidyl transferase (3'TDT) as an enzyme [75].

6.1 Experimental

The 3'TDT reaction mixture contained fluorescent nucleotides; that are, Cy-5 labeled oligonucleotides. After a feasibility demonstration of the tailing reaction using the conventional IO sensing scheme described in chapter 2, a new series of experiments has been performed using the single-pad scheme of figure 2.1. The cycle started applying PBS buffer prior to OPA (one phor all) buffer. Then the tailing reaction of the oligonucleotides was forced by applying d-CTP, d-ATP and 3'TDT solved in OPA buffer. To measure the net signal, pure OPA buffer was applied again to finish the cycle.

The concentration of oligonucleotides was as follows:

d-ATP: 3×10^{16} units / 30 μ l

Cy-5 labeled d-CTP: 1.5×10^{14} units / 30 μ l

3×10^{13} units / 30 μ l

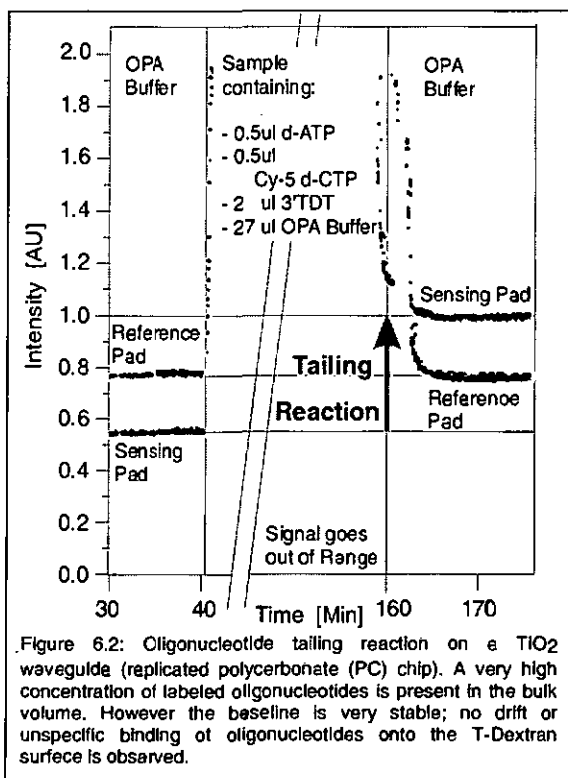
(Molecular weight \approx 330 Daltons)

As the tailing reaction is very slow and strongly depends on the temperature and the enzyme concentration very long cycles have been performed. In order to get information on the tailing process despite the high bulk intensity during these long cycles, OPA buffer was intermittently supplied every few minutes.

Coupling angle of the PC chips were +52° (laser TM, in) and +64° (fluorescence TE, out).

6.2 Results

All measurements show the long time scale of the tailing reaction as well as enormously high bulk contribution that raised the signal nearly or fully out of range. Figure 6.2 and 6.3 each show such a tailing cycle performed on a TiO_2 waveguide on a PC chip and on a Ta_2O_5 waveguide on a glass chip (Artificial Sensing Instruments, ASI) respectively. The net signal after the reaction supposedly was stopped is the contribution of the nucleotides bound to the surface by the tailing reaction.



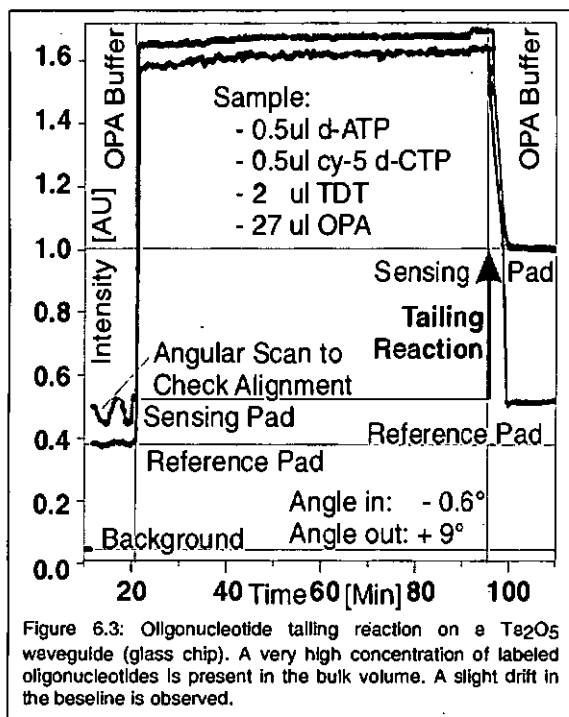
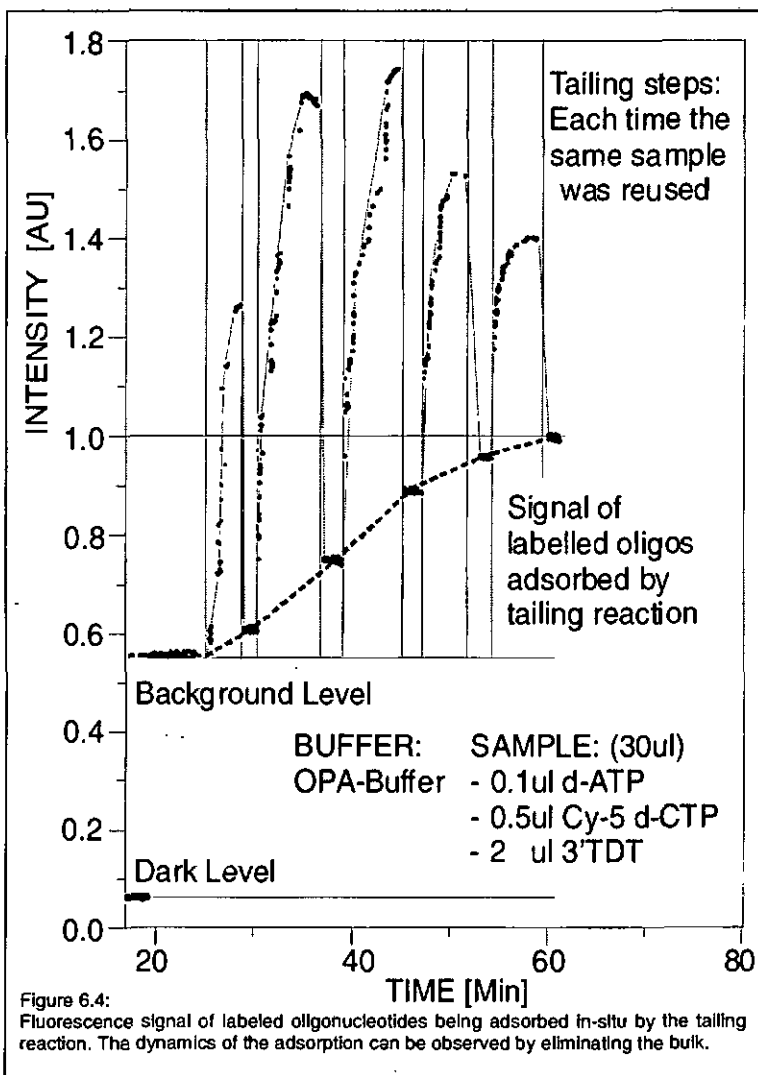


Figure 6.4 shows results of an experiment where the same sample containing labeled oligonucleotides was used multiple times to initialize the tailing reaction as well as for its continuation. In order to selectively monitor the signal originating from the oligonucleotides immobilized to the chip surface, buffer solution was applied intermittently for washing away the fluorescent mononucleotides present in the bulk sample.

Figure 6.4 clearly shows the gradual increase of the "surface signal" produced solely by oligonucleotides at the very surface of the sensor chip as the tailing reaction proceeds. The adsorption took place in-situ during the cycles where the sample solution was applied to the flow cell (white regions in figure 6.4).

The decrease of the signal maximum of the bulk fluorescence results from the fact that the same sample volume has been reused for each cycle. So its oligonucleotide concentration and the amount deposited reversibly on the surface decreased in each cycle. In addition to that the dyes in the sample solution suffered – as well as the immobilized ones – from photo bleaching.

In summary, it has been demonstrated that the 3'-TDT tailing reaction on target oligonucleotides can be monitored and measured by fluorescence-based integrated optical single-pad sensing.



6.3 Discussion

The detection of the oligonucleotide tailing reaction does not necessarily have to be performed with integrated optical sensing, as the concentration of analyte molecules in the sample solution used for the reaction is high compared to the detection limit of this type of sensing. However, the

portion of labeled molecules was reduced compared to the total amount (1:4) of reactive molecules (oligonucleotides). Therefore each chain or tail of adsorbed oligonucleotides contained some particular Cy-5 labeled oligonucleotides that contributed enough fluorescence intensity to the total signal in order to measure at least qualitatively. The signal actually can be calibrated as a labeled oligonucleotide concentration of 20% can be assumed.

The results show that the concentration of labeled oligonucleotides was still high, as the background light resulting from the fluorescence labels in the fluid (bulk) could not be suppressed.

The cross-polarized portion of the light emitted by the dye-labels on the chip surface is coupled out of the waveguide via the same grating pad, but at a different angle. At this angle the emitted light signal was detected spatially separated from the illumination background.

The performance of this novel approach has been demonstrated using a single pad IO sensing scheme. The concentration of labeled oligonucleotides is rather high for the use of integrated optical sensing despite the fact that only 20% of the target probes were labeled. Still the results clearly show the efficient light collection by the waveguide.

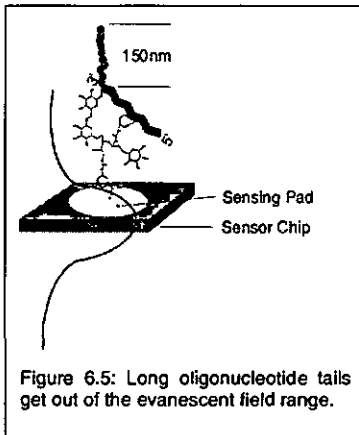


Figure 6.5: Long oligonucleotide tails get out of the evanescent field range.

A limiting factor however is the length of the oligonucleotide tails. If they get too long, the evanescent field of the guidad moda is too weak to be influenced in either way of the light (illumination as well as emission). Having an average diameter of 15.4nm [76] and respecting the thickness of the recognition layer, the labels get out of the efficient range of the evanescent field from chains longer

than about 10 oligonucleotides (Figura 6.5).

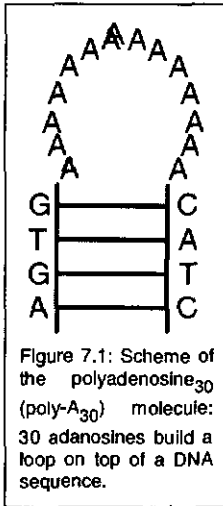
The penetration depth of the avanescent field is calculated by:

$$\Delta x_{fs}^{(s,p)} = [\sqrt{2} \cdot \pi \cdot ((N^2 - n_s^2)^{1/2})] \cdot [n_f^2 / q_{fs} \cdot \epsilon_{es} + N^2]^{-1/2} \quad (6.3.1)$$

$$\text{with: } \epsilon_{es} = N^2 - n_s^2 \quad q_{fs} = n_f^2 / n_s^2$$

7. Detection of Oligonucleotides with on-Chip Hybridization

Experiments of a different type have been performed detecting poly-A₃₀ oligonucleotides. The poly-A molecules are single stranded 30-mer oligonucleotides that have got a hairpin loop of adenosines on top of a specific DNA sequence, as schematically shown in figure 7.1. Poly-A₃₀ molecules are



polydeoxyadenosines with a loop length (L) of 30 adenosines. These oligonucleotides adsorbed to a Dextran based DNA recognition layer that was immobilized on the surface of the sensing pad by photobonding. This leads to a specific binding reaction of a single poly-A₃₀ molecule to each binding site (not comparable to the tailing reaction described in chapter 6). The DNA-probes (oligonucleotides) are denatured at the temperature $T_m = 47.8^\circ\text{C}$ [77].

The idea was to heat the chip during the experiments to dehybridize the molecules hence regenerating the chip for new experimental cycles [7,55,59].

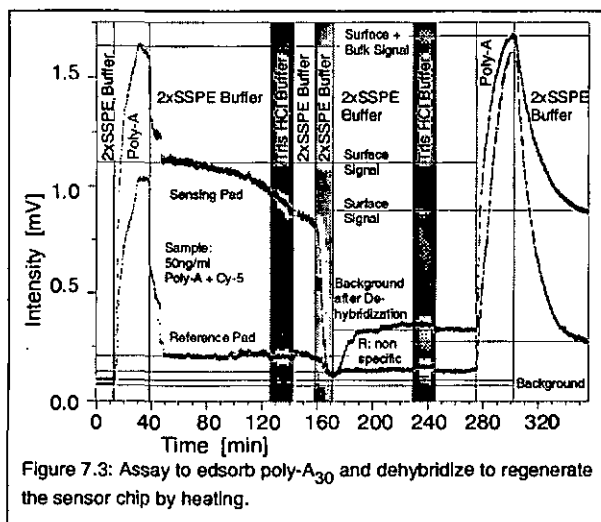
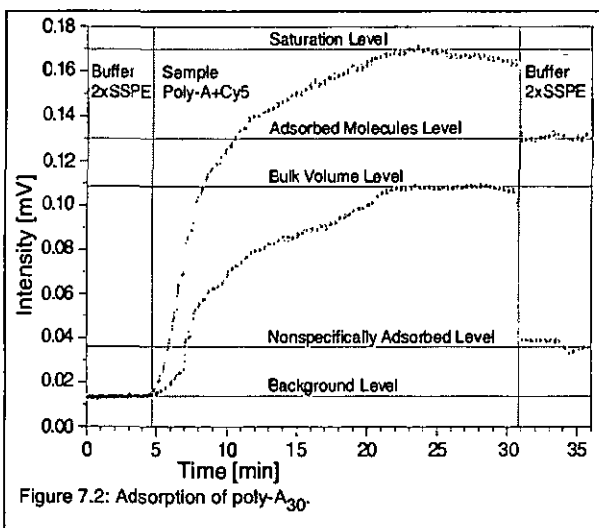
At temperatures higher than T_m the molecules start to dissociate from the chip surface.

Therefore the heating was pushed up to 82°C . To then hybridize the surface again the chip was rinsed with Tris-HCl buffer.

7.1 Experimental

The sample solution used contained 50ng/ml Cy-5 labeled poly-A₃₀ (molecular weight = 10.416 Dalton), which corresponds to a $5 \cdot 10^{-6}$ molar concentration. A reference solution containing the same concentration of Cy-5 labeled polydeoxycytosine (poly-C₃₀) instead of poly-A₃₀ is used to check the signal background. Actually no rise could be observed by applying this reference solution. Therefore the supply of poly-C₃₀ did not cause bulk background even. It must be assumed that the poly-C₃₀ molecules stay quite far away of the dextran-based recognition layer. After the adsorption (shown in figure 7.2) to the integrated optical single pad fluorescence sensor chip and a rinsing phase with 2xSSPE buffer the molecules were dehybridized by heating the flow cell to 82°C . Re-hybridization was performed on-chip rinsing the active sites with Tris-HCl buffer. After this regeneration of the chip and a long washing phase with again 2xSSPE buffer (SSPE Buffer, pH 7.4, A NaCl/Phosphate/EDTA buffer (10mM Tris HCl, 0.1mM EDTA) used in DNA wash and hybridization solutions) a new cycle of a Poly-A₃₀ containing sample was performed to repeat the adsorption process. The signal can be seen to rise near the

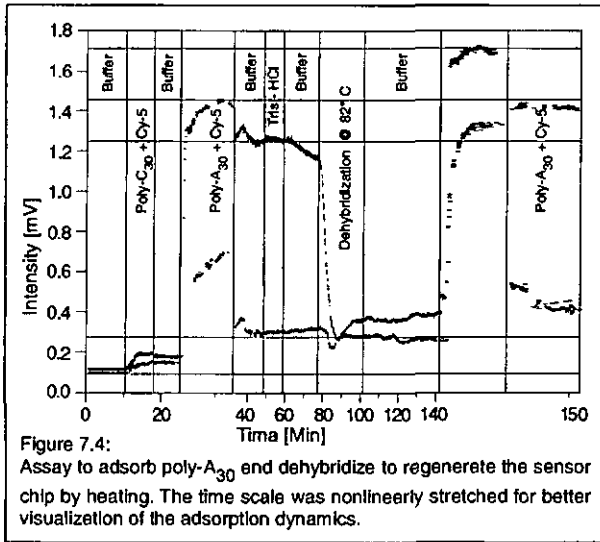
maximum that was reached in the first assay. Therefore the properties of the Dextran-based recognition layer do not seem to suffer from the hybridization process.



7.2 Results

The results show that mainly the poly-A₃₀ which are bound specifically to the sensing pad on the chip contribute to the net fluorescence signal

detected via the evanescent field propagating in the waveguide. By heating the chip the dehybridization takes place very quickly (see figure 7.3). The signal loss after the molecules dissociate from the surface can be seen very clearly.



A stretched detection signal curve (compressed dehybridization cycle) can be seen in figure 7.4). It shows the repeated adsorption process of labeled poly-A₃₀ molecules to the sensing pad.

7.3 Discussion

As a concentration of $5 \cdot 10^{-6} \text{M}$ Cy-5 dye molecules is high for this kind of detection high bulk fluorescence can be observed as long as the sample is present in the flow cell. The reference solution however does not cause the same bulk intensity what can be caused by the possible fact that the poly-C₃₀ molecules never go that close to the surface of neither pad.

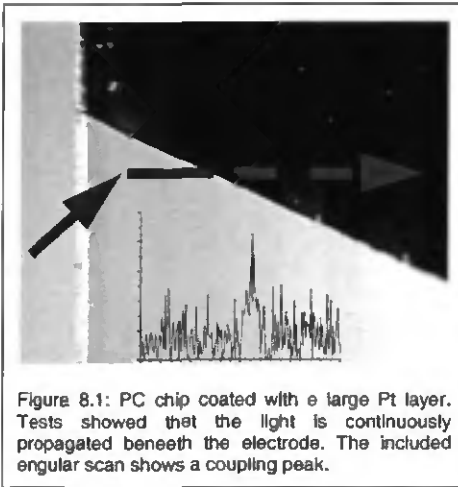
The specific adsorption of the poly-A₃₀ molecules to the sensing pad can be clearly seen. The reference pad coated with pure Dextran only showed the bulk background intensity. After applying buffer its signal decreased to the background level.

8. Tests of Combining IO with ECL

- Preliminary Tests of Deposition of a Ta-Pt Layer on Plastic Chips

Many different preliminary tests and very first measurements for using integrated optical sensing techniques to detect electrochemiluminescence (ECL) [70,71] have been performed. Theoretically the advantage of such a combination is the efficient collection of the luminescence light having a weak intensity into the waveguide and thus getting a better signal.

First of all platinum electrodes had to be applied onto an integrated optical sensor chip surface. For testing the feasibility of the electrode coating process a macroscopic layer of platinum has been applied to some IO PC chips. See Figure 8.1.



The layer was tight and homogeneous but the adhesion was insufficient and, mostly, when using a shadow mask for fine structures it has to be removed later using acetone and other aggressive solvents. This led to the understanding that PC chips could not be used for such applications. But the dielectric property of the chip could still be observed when light was coupled into the waveguide. Measuring the resonance in an angular scan at the edge of the chip where the light

propagated beneath the metallic layer lead to clearly visible peak, which also is shown in figure 8.1.

- Electrode Design

When the CSEM-Unaxis glass chips became available another try was performed to deposit thin electrode bands onto the chip's wave guiding surface. Luca Berdondini of the IMT Neuchâtel was successful. Figure 8.2 shows the layout scheme of the chip and the Ta-Pt electrode bands to be coated. Electrode duty cycles of $10\mu\text{m}/10\mu\text{m}$, $10\mu\text{m}/20\mu\text{m}$ and $25\mu\text{m}/25\mu\text{m}$ have been designed. The electrodes were fabricated by depositing a 150 nm Ta-Pt layer onto the glass chip surface that was pretreated using photolithography.

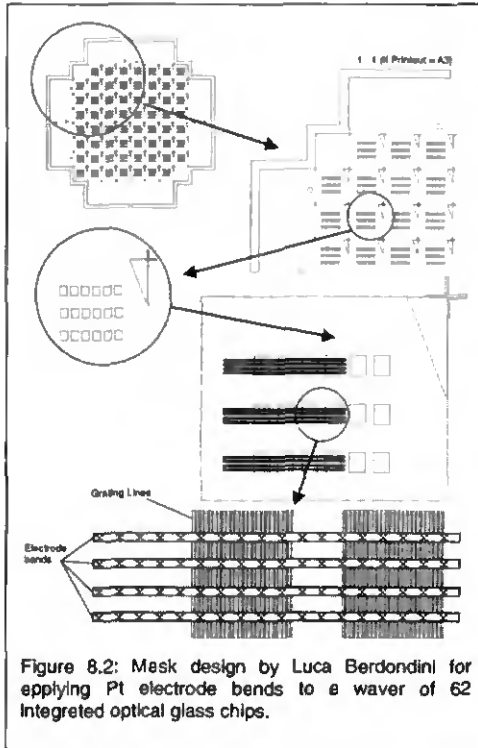


Figure 8.2: Mask design by Luca Berdondini for applying Pt electrode bands to a wafer of 62 integrated optical glass chips.

The light should be generated near the edges of the electrode bands and propagate in the waveguide beneath. Then it should be coupled out via the grating at 8.4° (TM mode) and at 2.25° (TE mode).

Figure 8.3 shows a photograph of such a chip bearing thin electrode bands. To test the wave guiding properties of these chips they were illuminated. A He-Ne laser beam was directed onto a grating region to couple into the waveguide. Figure 8.4 shows that the light is propagated in the waveguide beneath the electrode bands both illuminating a non covered pad as well as illuminating an electrode-covered pad. This is not

obvious as the metallic layer on the surface is supposed to change drastically the dielectric properties of the waveguide.

8.1 Experimental

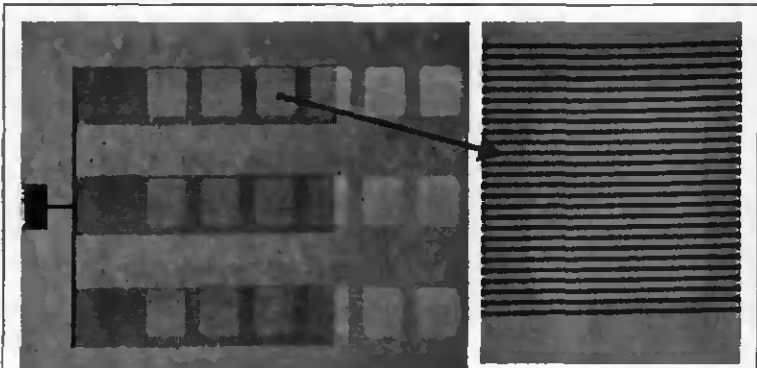


Figure 8.3:
Thin electrode bands have been deposited onto the wave guiding film on a glass chip.

For testing the feasibility of real ECL measurements it was considered to put an electrochemiluminescence active Ruthenium complex solution into a still cell with the chip bearing electrode bands mounted. Then an electric potential was applied to the electrodes using a potentiostat. The

generated ECL should be directed efficiently to the detection optics and the PMT via the grating. In order to see the order of magnitude of the efficient luminescence collection and coupling an angular scan from -12.5° to $+12.5^\circ$ was performed with the turntable whereas the PMT was fixed on its position.

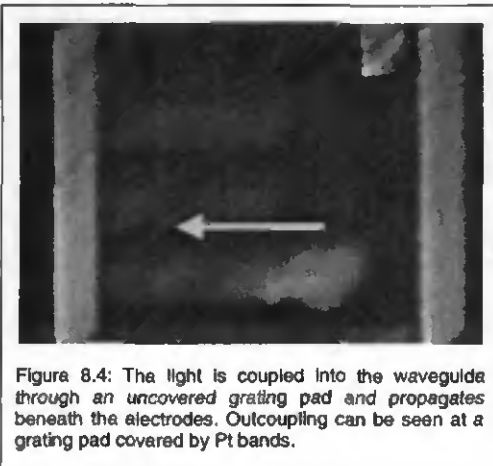


Figure 8.4: The light is coupled into the waveguide through an uncovered grating pad and propagates beneath the electrodes. Outcoupling can be seen at a grating pad covered by Pt bands.

8.2 Results

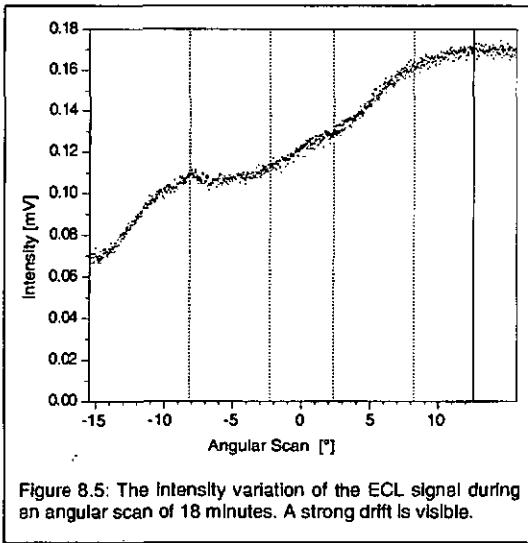
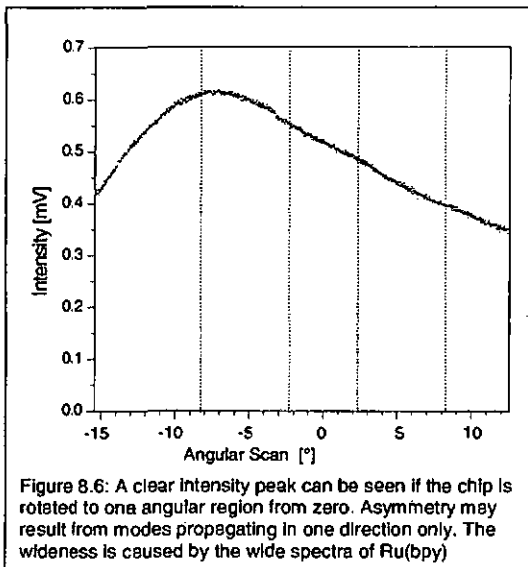


Figure 8.5 shows the intensity during such an angular scan. It is obvious that the symmetry of peaks could not be observed. However, the maximum signal is not observed at 0° , as it would be expected if only the diffuse ECL signal was detected. The whole ECL intensity seems to drift during the angular scan that lasted 16 minutes. The intensity maximum at -8.3 degrees is thought

to probably originate from efficient coupling. The result to be seen in figure 8.6 could possibly show a resonance too. As the spectra of the Ru(bpy) is very wide a large angular coupling region must be expected.



8.3 Discussion

The only measurements that have been performed have not been very promising. The reasons for their failure are not obvious. Some points to be considered according to the observations:

There might have been too much light intensity for the luminescence was clearly visible by eye. Hence, the part of light having been guided through the waveguide and coupled out via the grating must have been comparably small and thus vanished within the noise. The portion of luminescence coupled into the waveguide and coupled out to the detector via the grating might only become efficient beyond the visible threshold.

Additionally we had the impression that the visible light was propagating in the waveguide parallel to the grating lines. This could be an effect of the fact that the electrode bands were placed rectangular to the gratings and had some kind of grating effect to the light. A fact to consider is that the metallic layer may influence the effective refractive index of the waveguide in a destructive way. It therefore has to be thought of a new design of IO ECL sensor chips that have electrode bands between the grating pads being parallel to the grating lines.

Further no specific ruthenium ECL peak band pass filter has been used.

To detect the signal and suppress a little bit the background light a chopper was placed in front of the flow cell to modulate the luminescence and detect the voltage into which the photocurrent has been converted using a lock-in amplifier.

Further problems resulted from the very small volume of the used flow cell. As air bubbles develop from the counter electrode the volume was quite quickly displaced by air, which makes optical measurements nearly impossible. Sometimes the bubbles also disconnected the reference electrode from the fluid and therefore stopped the luminescence at all.

For ongoing measurements faster data transfer must be possible. The more measuring points can be recorded in time the faster are the angular scans.

9. Conclusions

Novel types of sensing schemes have been presented that are suitable for accomplishing single-chip array sensors based on fluorescence. Each element of the array represents an independent measuring channel with an individual bio coating immobilized on its surface. The presented work shows how these new schemes for fluorescence-based biochemical sensors have been designed, fabricated and used for different kinds of measurements. Many problems led to an optimization of the sensing principle while others could not be totally solved within the frame of this work. The new approach of detecting fluorescent labeled molecules on different kinds of integrated optical chips on single-pad sensing channels shows the possibility to get high density multi channel sensors with small and disposable integrated optical sensor chips providing enough space for different types of molecules on the same surface. It has been shown that all the tasks of light input, excitation of the analyte molecules, fluorescence light collection, and optical readout can be performed by means of a single grating coupler pad per channel. The results showed a low detection limit. This could be pushed further down for example by using a cooled PMT or performing photon counting. In the typical arrangement, TM-polarized light was used for exciting the molecules by direct illumination as well as by the evanescent field of the guided wave. In contrast to the conventional schemes, the fluorescence light was collected at the orthogonal polarization via coupling to the TE_0 waveguide mode [16,73].

Radiation emitted by the dye molecules present in the bulk medium is better suppressed by using evanescent waves not only for illumination, but also for collecting the radiation emitted by the molecules immediately adsorbed to the recognition layer. The advantage of collecting the light in the planar waveguide of an integrated optical chip due to the properties of fluorescence generated close to a surface of high optical density [36] to enter the waveguide was shown at very low concentrations.

Experiments have shown that this method can be used for the detection of different types of bio molecules such as DNA probes or antibiotics. But also drugs, hormones or heavy metals can be considered as to be detected using fluorescence-based integrated optical sensing. The advantage against refractometry becomes effective for small molecules.

Besides a good signal-to-noise ratio, an additional benefit is the small area needed per sensing channel, facilitating single-chip multi-channel sensing. Furthermore, it was also shown that it is possible to use replicated sensor chips based on plastic substrates [78].

Compared to the wide field of sensor development by many different research groups the highest sensitivity [7,31,58,59,60] could not be equalized, but ranges in the upper area. Still this approach is very promising since it provides a sensitivity high enough for many applications and it offers the possibility of fast high-density multi channel measurements on a simple set-up using comparably low-cost sensor chips. With respect to the late availability of glass chips it was not possible to perform many of the modifications mentioned above for improving the sensor within the given time frame of this work.

In summary, this thesis has presented a new approach for detecting bio molecules with a small sensor set-up in a simple and low-cost way. The combination of integrated optical sensing with fluorescent labels leads to a high sensitivity, and the single pad schema allows multi-channel measurements with high density. The results show the potential of this new approach to become a leading detection tool.

Comparison with different Sensor Types

Method	Type of Detection	Measurand	Label	LOD	Reference	No.
Integrated Optics	Fluorescence	Proteins, DNA Probes	Cy-5	not determined	Present Work	
Integrated Optics	Fluorescence	Proteins (Antigens)	FITC	Signal at 10^{-4} - 10 M	M. Yoshida et al	23,47
Integrated Optics	Fluorescence	Proteins	Cy-5, Fluorescein ...	10^{-4} - 10 M	J. E. Plovman, D. Christensen et al	50
Integrated Optics	Fluorescence	DNA Probes	Cy-5, Fluorescein ...	10^{-4} - 10 M	W. Buechler et al	55
Integrated Optics	Fluorescence	Proteins (Antigens)	A-FITC	2.4 nM	Y. Zhou et al	62
Integrated Optics	Fluorescence	Proteins	Cy-5, Fluorescein ...	$3 \cdot 10^{-4}$ - 10 M	G. L. DiVenereck, J. E. Plovman et al	50, 57
Integrated Optics	Fluorescence & Electrochemistry	Proteins (Antigens)	FITC	10^{-4} - 7 M	A. Asanour, P. Oberham et al.	10, 13
Integrated Optics	Luminescence	Ganglioside Receptors	self Luminescence	$1.5 \cdot 10^{-4}$ - 6 M	D. Kelly et al	34
Integrated Optics	Exsorption	methylene blue	methylen blue	10^{-4} - 4 M	T. Okamoto et al	69
Integrated Optics	Absorption	methylene blue	methylene blue	$3 \cdot 10^{-4}$ - 6 M	T. Okamoto et al.	69
Integrated Optics	Interferometric	Proteins		10^{-4} - 10 M	R. G. Heide mann et al	29
Integrated Optics	Interferometric (Phase shift)	Proteins		$2 \cdot 10^{-4}$ - 13 M	Schlegler et al	30
Integrated Optics	Interferometric (phase shift)	Proteins (Antigens)		$3 \cdot 10^{-4}$ - 9 M	B. J. Luff et al	28
Integrated Optics	Refractometry	Proteins (Antigens)	free -> adsorbed mass	10^{-4} - 10 M	M. Wylke et al	45
Fiber Sensors	Integrated Optics	Proteins (Antigens)		10^{-4} - 7 M	O. Wolfbeis et al	48
Fiber Sensors	Integrated Optics, Fluorescence	Enzym, Creatine Kinase	B-phycoerythrin	10^{-4} - 10 M	J. M. Wylczek et al	63
Absorbance Spectroscopy	Spectroscopy	Amines	different	10^{-4} - 3 M	G. Mohr et al	70
Fluorescence	Fluorescence Polarization	Protease	S-aminofluorescein	$5 \cdot 10^{-4}$ - 10 M	L. M. Levine et al	16
Fluorescence	Directly Illuminated	Proteins	different	---	ELISA	7
Fluorescence	Lifetime	CO2 and others	Pt- and Ru-Complex	--- / 10^{-4} - 7 M	O. Wolfbeis, Lakowicz et al	18
Fluorescence Decay	Fluorescence Anisotropy	Anthrathene	Anthrathene	10^{-4} - 4 M	M. E. Lippitsch	17
Fluorescence Decay	Time Resolved	DNA Probes	Cy-3	10^{-4} - 7 M	G. Valentini	20
Electrochromluminescence	ECL	Codine / Glucose	Ru-Complex	10^{-4} - 4 M / $5 \cdot 10^{-4}$ - 5 M	E. L. Frostis et al	71
Electrochromluminescence	ECL	four label	Ru-Complex	$5 \cdot 10^{-4}$ - 7 M	G. C. Flaccabro	70
Surface Plasmon Resonance	SPR	Proteins	free	10^{-4} - 11 M	BlAcore	7
ToF Mass Spectroscopy	Time at Flight	Proteins (Antigens)	free -> mass	throughput / crossstalk		7
Electrochemistry	Electrochemistry	lipopin		10^{-4} - 11 M	Kaneki et al	5
SINOM		Proteins (Antigens)	Any	single molecules	R. Eckert et al	80

CHEMICAL DATA

Anti - IgG	Antibody Antibodies used were all from Jackson Immunoresearch Laboratories Inc.
ARC	Anti Reflection Coating Brewer Science Inc. Product: ARC XL-20 Thickness (spin coating at 3000 rpm, 168°C, 60 sec): 240 nm Absorption at $\lambda = 365$ nm to 436 nm: 1.14 ± 0.06 Components: Cyclohexanone (50-65%), n-Methyl-2-pyrrolidone (30-40%), Polymer solids (1-10%), Dye solids (1-10%), Aluminum (67ppb), Calcium (26ppb), Copper (56ppb), Iron (210ppb), Potassium (15ppb), Sodium (<12ppb)
BSA	Bovine Serum Albumin, Sigma
dATP	2'-deoxyadenosine 5'-triphosphate Amersham Pharmacia Biotech
DNA	Desoxyribonucleic acid
IgG	Immunoglobulin G. Antigen Molecular weight: ~150'000 Dalton
OPA	All phor one buffer Pharmacia Product: 27-0901-02 10mM Tris-acetate pH 7.5, 10mM magnesium acetate, 50mM potassium acetate
Poly-A	Polyadenosines DNA target probes
Ru(bpy)	A redox-cycling ECL type ruthenium complex

Wavelengths of some fluorophores

Fluorophore	Excitation	Emission
5-Hydroxytryptamine (5-HT)	400 nm	530 nm
Acridinyellow	470 nm	550 nm
Acridinorange	470 nm	530-650 nm
Auramine	460 nm	550 nm
Aurophosphine	450 nm	580 nm
Berberbinsulfate	430 nm	550 nm
Bisaminophenyloxidiazole (BAO)	280 nm	460 nm
Catecholamine	410 nm	470 nm
Coryphosphine	460 nm	575 nm
Cy 3	546 nm	580 nm
Cy 5	649 nm	670 nm
Cy 5 TOTO 3 (DNA specific)	633 nm	670 nm
Euchrysin	430 nm	540 nm
Fluorescein	490 nm	525 nm
isothiocyanate (TRITC)		
I-Dimethylaminonaphthalin-5-	340 nm	525 nm
Lissamine-Rhodamine B 200 (RB 200)	575 nm	595 nm
Magdalred	540 nm	570 nm
Paraosaniline (Feulgen)	570 nm	625 nm
Phosphine 3R	465 nm	565 nm
Primuline	410 nm	550 nm
Pyronine	410 nm	540 nm
Quinacrine mustard (QM)	440 nm	510 nm
Rhodamine B	540 nm	625 nm
Acidic fuchsin	540 nm	630 nm
Stilben (SITS: Stilbenisothiosulfonacid)	365 nm	460 nm
Sulfonacide (DANS)		
Tetracycline	390 nm	560 nm
Tetramethylrhodamine	540 nm	570 nm
Thiazinred R	510 nm	580 nm
Thioflavine S	430 nm	550 nm
TOTO 1 (DNA specific)	485 nm	530 nm

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PUBLICATIONS, TALKS AND PATENTS

- Patent: R. Kunz, M. Wiki, P. Zeller, High-Density Integrated Optical Sensors (HDIOS), First submission in Europe: 1999 February 25th, (Patent request N° 99'103'730.0; Publication date: 2000 August 30th). Extension to the USA: 2000, February 22nd. (Patent request N° 09/510,609).
- Patent: R. Kunz, G. Voirin, P. Zeller, High-Density integrated optical sensors based on amplitude effects First submission in Europe: 1999, September 15th, (Patent request N° 99'118'309.6; Publication date: 2001, Merch 21st). Extension to the USA: le 2000 September 13th. (Patent request N° 09/660,978).
- Poster presentation: Replicated Chips for Fluorescent Immunoassay, 5th SensLab99 Conference at Center for Chemical Sensors (CCS), Technopark, Zürich (September 17, 1999)
- P.N. Zeller, H. Gao, R.E. Kunz, H. Sigrist and Y. Karlen, Fluorescence-Based Waveguide Sensing of Oligonucleotide Tailing, 8th International Meeting on Chemical Sensors (IMCS), Basel, Switzerland, July 2-5, Abstract Book, 43, (2000)
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 $[Na^+]$ is the concentration of sodium in reaction buffer (valid for 0.01M to 0.4M). L is the length of the hybrid in base pairs.
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1995	Advanced federal school for pilots (FWB 2, CVR)
1995 – 1996	Parallel courses in Swedish at the University of Zürich, Switzerland
1995 – 1997	Extra work at the Aerospace Project Development Group (Arbeitsgruppe für Luft und Raumfahrt, ALR) in Zürich, Switzerland
1997	ETH Diploma Dissertation at the Paul Scherrer Institute (PSI), Villingen, and Klinik im Park Hospital, Zürich, Switzerland, entitled: Comparison of Therapy Planning for Eye Tumors Using Protons and the Leksell Gamma Knife
1998	Promotion to a military Sergeant (Wachtmeister)
1998 - 2001	Research for a PhD thesis at Centre Suisse d'Electronique et de Microtechnique (CSEM) SA, Zürich and Neuchâtel, Switzerland, entitled: Fluorescence Based Integrated Optical Biosensors
since 2001	Work as a project leader of a biomedical research project at Centre Suisse d'Electronique et de Microtechnique (CSEM) SA, Zürich, Switzerland